MONTGOMERY HENRY C

Form 4

January 03, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

Issuer

January 31, 2005

0.5

Estimated average burden hours per

OMB APPROVAL

response...

if no longer subject to Section 16. Form 4 or Form 5 obligations

may continue.

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

2. Issuer Name and Ticker or Trading

30(h) of the Investment Company Act of 1940 See Instruction

Symbol

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

MONTGOMERY HENRY C

			SWIFT ENERGY CO [SFY]			(Che	(Check all applicable)				
(Last) (First) (Middle) 16825 NORTHCHASE DRIVE, SUITE 400		3. Date of Earliest Transaction (Month/Day/Year) 12/31/2007				Director	••				
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)				Applicable Line) _X_ Form filed by	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
HOUSTON, TX 77060							Person				
(City)	(State)	(Zip)	Table	I - Non-Do	erivative S	Securities A	equired, Disposed	of, or Beneficial	ly Owned		
1.Title of Security (Instr. 3)	2. Transaction (Month/Day/Y	ear) Execut	eemed tion Date, if h/Day/Year)	Code (Instr. 8)		(A) or	O) Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
SFY Cmmn Stock-IRA Holdings							792	I	IRA		
SFY Cmmn Stock-By Other Holdings							2,123	I	Held in Keogh		
Swift Energy Common Stock							9,710	D			

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Swift Energy Common Stock	12/31/2007	M	3,000	A	\$ 15.65	3,870	I	By Trust
Swift Energy Common Stock	12/31/2007	M	2,000	A	\$ 9.77	5,870	I	By Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number on f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
NQ90 plan grt 5/14/2002 NQ	\$ 15.65	12/31/2007		M	3,000	05/14/2003	05/14/2012	Swift Energy Common Stock	3,000
NQ90 plan grt 5/14/2003 NQ	\$ 9.77	12/31/2007		M	2,000	05/14/2004	05/14/2013	Swift Energy Common Stock	2,000

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

MONTGOMERY HENRY C 16825 NORTHCHASE DRIVE, SUITE 400 HOUSTON, TX 77060

Reporting Owners 2

Signatures

Donald W. Brodsky POA for Henry C. Montgomery

01/03/2008

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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