Sprouts Farmers Market, Inc.

Form 4

Common

Stock, par

11/04/2014

November 06, 2014

FORM	ЛΔ								OMB AF	PPROVAL
	ONTED	STATES			AND EXC a, D.C. 205		NGE CO	OMMISSION	OMB Number:	3235-0287
Check the if no lon	ger								Expires:	January 31,
subject t Section Form 4	16. SIAIE N	MENT OF	F CHANGES IN BENEFICIAL OWN SECURITIES					ERSHIP OF	2005 verage rs per 0.5	
Form 5 obligation may con See Instruction 1(b).	Section 170 Section 170	(a) of the P	ublic U	tility Ho		pany	Act of 1	Act of 1934, 935 or Section	response	
(Print or Type	Responses)									
	Address of Reporting mes Douglas	;	Symbol		d Ticker or		Is	. Relationship of I	Reporting Pers	on(s) to
(Last)	(First) (•	s Farmers of Earliest T	Market, I	nc. [S	SFWIJ	(Check	all applicable)
	ATUM BLVD, S			Day/Year)	Tansaction			Director _X_ Officer (give to elow) Chief Ex		
DHOENIY	(Street)			endment, D onth/Day/Yea	Oate Original ar)		A	. Individual or Joi applicable Line) X_ Form filed by Oi Form filed by Mo	ne Reporting Per	rson
PHOENIX.							P	erson	•	
(City)	(State)	(Zip)		le I - Non-	Derivative S	Securi	ties Acqui	red, Disposed of,		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution I any (Month/Day	Date, if	Code (Instr. 8)	4. Securities on Dispose (Instr. 3, 4	d of (E and 5) (A) or))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock, par value \$0.001 per share	11/04/2014			M M	100,000	(D)	Price \$ 1.0864	135,449	D	
Common Stock, par value \$0.001 per share	11/04/2014			S <u>(1)</u>	50,000	D	\$ 30	85,449	D	

 $S_{\underline{(1)}}$

50,000 D \$ 30.45 35,449 (2)

D

value \$0.001 per share							
Common Stock, par value \$0.001 per share	11/05/2014	M	50,000	A	\$ 1.0864	85,449	D
Common Stock, par value \$0.001 per share	11/05/2014	S <u>(1)</u>	50,000	D	\$ 30.95	35,449 <u>(2)</u>	D
Common Stock, par value \$0.001 per share	11/06/2014	M	50,000	A	\$ 1.0864	85,449	D
Common Stock, par value \$0.001 per share	11/06/2014	S <u>(1)</u>	50,000	D	\$ 31.45	35,449 <u>(2)</u>	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exer Expiration D (Month/Day/	ate	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (right to buy)	\$ 1.0864	11/04/2014		M		100,000	(3)	05/02/2018	Common stock, par value \$0.001 per share	100,000

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Stock Option (right to buy)	\$ 1.0864	11/05/2014	M	50,000	(3)	05/02/2018	Common stock, par value \$0.001 per share	50,000
Stock Option (right to buy)	\$ 1.0864	11/06/2014	M	50,000	(3)	05/02/2018	Common stock, par value \$0.001 per share	50,000

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Sanders James Douglas 11811 N.TATUM BLVD SUITE 2400 PHOENIX, AZ 85028

Chief Executive Officer

Signatures

/s/ Brandon F. Lombardi, Attorney-in-Fact for James Douglas Sanders

11/06/2014

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported on this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person.
- Consists of 19,911 shares of common stock and 15,538 restricted stock units. Each restricted stock unit represents the right to receive, upon vesting, one share of common stock. These restricted stock units will vest over three years, with one-third vesting on March 4, 2015; one-third vesting on March 4, 2016; and the remaining one-third vesting on March 4, 2017, assuming continued employment through the applicable vest date.
- (3) All such options are presently exercisable; excludes an additional 1,556,923 outstanding options held by the reporting person at various strike prices.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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