### Edgar Filing: NORWOOD KELLY O - Form 4

NORWOOD Form 4											
February 21,											
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSIO					MMISSION	OMB APPROVAL					
<i></i>		Washington, D.C. 20549							OMB Number:	3235-0287	
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations mu continue Filed pursuant to Section Section 17(a) of the Public									Expires:	January 31, 2005	
			Section 16	<b>SECUR</b>	ITIES e Securit	ies E	Act of 1934,	Estimated a burden hour response	verage		
may cont <i>See</i> Instru 1(b).	mue.		) of the Inv	-	-						
(Print or Type F	Responses)										
NORWOOD KELLY O Symbol			Name and Ticker or Trading       5. Relationship of Reporting Person(s) to Issuer         CORP [AVA]       (7) Issuer								
(Last)	(First)	(Middle)					(Check	all applicable)	)		
(Month/I			(Month/Da	Aonth/Day/Year)Dire					or 10% Owner r (give title Other (specify below) Vice President		
				onth/Day/Year) Ap _X				. Individual or Joint/Group Filing(Check pplicable Line) X_Form filed by One Reporting Person Form filed by More than One Reporting			
SPOKANE,	WA 99202							_ Form filed by Mo	ore than One Rej	borting	
(City)	(State)	(Zip)	Table	e I - Non-D	erivative	Securi	ties Acquir	ed, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)		Transaction Date 2A. Deemed onth/Day/Year) Execution Date, if any (Month/Day/Year)			4. Securi nor Dispos (Instr. 3, Amount	(A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	02/17/2012			S	5,023	D	\$ 25.5909	3,666	D		
Common Stock held in 401(k) Investment Plan								10,562	Ι	held by Trustee	
Common Stock held by Spouse								3	Ι	held by Spouse	

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Tit	le and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onNumber	Expiration D	ate	Amou	unt of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	rlying	Security	Secu
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Secur	ities	(Instr. 5)	Bene
	Derivative				Securities			(Instr	. 3 and 4)		Owne
	Security				Acquired						Follo
	-				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									Amount		
									Amount		
						Date	Expiration	Title	0ľ Numebor		
						Exercisable	Date	Title	Number of		
				Code V	$(\Lambda)$ (D)						
				Code V	(A) (D)				Shares		

## **Reporting Owners**

Reporting Owner Name / Addre	SS	Relationships							
	Director	10% Owner	Officer	Other					
NORWOOD KELLY O 1411 E MISSION AVE SPOKANE, WA 99202			Vice President						
Signatures									
/s/ Kelly O Norwood	02/21/2012								

<u>\*\*</u>Signature of Reporting Person Date

## **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.