GARDING ED Form 4 January 31, 2003

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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 4

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

 Check this box if no longer subject to Section 16.
 Form 4 or Form 5 obligations may continue.
 See Instruction 1(b).

l.	Name and Address of Reporting Person*	2.	Issue Sym	er Name and 7 bol	Ficker (or Trading	3.	I.R.S. Identificati Reporting Person, if an enti	
	Garding, Ed	_	First Interstate BancSystem, Inc. (no tick or trading symbol)						
	(Last) (First) (Middle)			ung symeer,					
	3443 Timberline Dr.	4.	State	Statement for Month/Day/Year				If Amendment, Date of Original (<i>Month/Day/Year</i>)	
	(Street)	_	January 29, 2003						
		6.		tionship of Re suer (Check A	-		7.	Individual or Join (Check Applicable	
	Billings, MT 59106		0	Director	0	10% Owner		X	Form Filed by One Reporting Person
	(City) (State) (Zip)		x	Officer (g	ive title	below)		0	Form Filed by More
			0	Other (spe	ecify be	low)			than One Reporting Person
				Senior Vic Credit Off		dent & Chief			

 Reminder:
 Report on a separate line for each class of securities beneficially owned directly or indirectly.

 *
 If the form is filed by more than one reporting person, *see* instruction 4(b)(v).

Title of 2. Security (Instr. 3)	Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities A Disposed of (Instr. 3, 4 a	(D)	d (A) or	5. Amount of Sec- urities Beneficially Owned Following Reported Trans- action(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(A) or (D)	Price			
Common Stock							13,256	D	N/A
Common Stock							4,400	I	By 401(K) Plan
						_			

Table II Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)		nversion or Exercise 3. ice of Derivative curity	Date		Deemed Execution 4. Date, if any (Month/Day/Year)	Transaction 5. Code (<i>Instr.</i> 8)		Number of Derivative S Acquired (A) or Dispose (Instr. 3, 4 and 5)	
						Code V		(A)	(D)
Stock Option		42.00							
Stock Option		42.00							
Stock Option		42.00							
Stock Option		42.00							
Stock Option		42.00							
Stock Option		42.00							
Stock Option		42.00							
Stock Option		42.00							
Stock Option		42.00							
Stock Option([1]	42.00							
Stock Option((1)	45.00	1/29/03			J(2)	4,000)	

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Table II Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) Continued

6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10.Ownership Form of 1 Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	1.Nature of Indirect Beneficial Ownership (Instr. 4)
Date Exercisable	Expiration Date		mount or umber of Shares				
2/19/02	11/30/03	Common Stock	1,320		1,320	D	
2/19/02	5/31/04	Common Stock	1,540		1,540	D	
2/19/02	3/15/05	Common Stock	1,760		1,760	D	
2/19/02	3/15/06	Common Stock	1,760		1,760	D	
2/19/02	3/15/07	Common Stock	2,640		2,640	D	
2/19/02	3/15/08	Common Stock	2,640		2,640	D	
2/19/02	3/15/09	Common Stock	5,500		5,500	D	
2/19/02	3/15/10	Common Stock	3,300		3,300	D	
2/19/02	3/15/11	Common Stock	3,300		3,300	D	
1/31/02	1/31/12	Common Stock	4,000		4,000	D	
1/29/03	1/29/13	Common Stock	4,000		4,000	D	

Explanation of Responses:

(1) Vests over 3 years - 25% immediately and 25% each anniversary date.

(2) Stock Options granted at the discretion of the Board of Directors of the Company for no consideration.

/s/ TERRILL R. MOORE

1/30/03

Date

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**Signature of Reporting Person

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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Limited Power of Attorney For Section 16 Reporting Obligations

The undersigned hereby makes, constitutes and appoints each of Terrill R. Moore and Lyle R. Knight, each acting individually, as the undersigned s true and lawful attorney-in-fact, with full power and authority as hereinafter described on behalf of and in the name, place and stead of the undersigned to:

(1) prepare, execute, acknowledge, deliver and file Forms 3, 4 and 5 (including any amendments thereto) with respect to the securities of First Interstate Bancsystem, Inc., a Montana corporation (the Company), with the United States Securities and Exchange Commission, any national securities exchanges and the Company, as considered necessary or advisable under Section 16(a) of the Securities Exchange Act of 1934 and the rules and regulations promulgated thereunder, as amended from time to time (the Exchange Act);

(2) seek or obtain, as the undersigned s representative and on the undersigned s behalf, information on transactions in the Company s securities from any third party, including brokers, employee benefit plan administrators and trustees, and the undersigned hereby authorizes any such person to release any such information to the undersigned and approves and ratifies any such release of information; and

(3) perform any and all other acts which in the discretion of such attorney-in-fact are necessary or desirable for and on behalf of the undersigned in connection with the foregoing.

The undersigned acknowledges that:

(1) this Power of Attorney authorizes, but does not require, each such attorney-in-fact to act in their discretion on information provided to such attorney-in-fact without independent verification of such information;

(2) any documents prepared and/or executed by either such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney will be in such form and will contain such information and disclosure as such attorney-in-fact, in his or her discretion, deems necessary or desirable;

(3) neither the Company nor either of such attorneys-in-fact assumes (i) any liability for the undersigned s responsibility to comply with the requirements of the Exchange Act, (ii) any liability of the undersigned for any failure to comply with such requirements, or (iii) any obligation or liability of the undersigned for profit disgorgement under Section 16(b) of the Exchange Act; and

(4) this Power of Attorney does not relieve the undersigned from responsibility for compliance with the undersigned s obligations under the Exchange Act, including without limitation the reporting requirements under Section 16 of the Exchange Act.

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The undersigned hereby gives and grants each of the foregoing attorneys-in-fact full power and authority to do and perform all and every act and thing whatsoever requisite, necessary or appropriate to be done in and about the foregoing matters as fully to all intents and purposes as the undersigned might or could do if present, hereby ratifying all that each such attorney-in-fact of, for and on behalf of the undersigned, shall lawfully do or cause to be done by virtue of this Limited Power of Attorney.

This Power of Attorney shall remain in full force and effect until revoked by the undersigned in a signed writing delivered to each such attorney-in-fact.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 18th day of September, 2002.

/s/ ED GARDING
Signature
Ed Garding
Print Name

STATE OF MONTANA)
)
COUNTY OF YELLOWSTONE)

On this 18th day of September, 2002, before me, the undersigned, a Notary Public for the State of Montana, personally appeared Ed Garding and acknowledged that he executed the within instrument.

IN WITNESS WHEREOF, I have hereunto set my hand and Official Seal the day and year first above written.

(SEAL)

/s/ AMY ANDERSON

Print Name: Amy Anderson Notary Public for the State of Montana Residing at: Billings, Montana

My Commission Expires: 12/15/05

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