ARROW FINANCIAL CORP

Form 4

February 05, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287

Estimated average

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OMB APPROVAL

Check this box if no longer subject to

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Number: January 31, 2005

0.5

Section 16. Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

response...

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person ** HOY THOMAS L

2. Issuer Name and Ticker or Trading

5. Relationship of Reporting Person(s) to Issuer

Symbol

ARROW FINANCIAL CORP [AROW]

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)

02/04/2009

X Director _____ 10% Owner _X_ Officer (give title _____ Other (specify below) below)

Chairman, President & CEO

ARROW FINANCIAL CORPORATION, 250 GLEN

STREET

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check

Applicable Line)

(Street)

Filed(Month/Day/Year)

X Form filed by One Reporting Person ___ Form filed by More than One Reporting

Person

GLENS FALLS, NY 12801

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securit Transactior(A) or Di Code (Instr. 3, 4 (Instr. 8)				5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	02/04/2009		M	12,410	A	\$ 12.92	103,629	D		
Common Stock	02/04/2009		F	8,449 (1)	D	\$ 24.94	95,180	D		
Common Stock	02/04/2009		<u>J(2)</u>	0	A	\$ 0	90	I	ESPP	
Common Stock	02/04/2009		J(2)	0	A	\$0	34,571	I	ESOP	
	02/04/2009		J(2)	0	A	\$0	2,208	I		

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Common Stock								Wife's IRA
Common Stock	02/04/2009	J(2)	0	A	\$ 0	654	I	SEP
Common Stock	02/04/2009	J(2)	0	A	\$ 0	2,638	I	By Wife w/Broker
Common Stock	02/04/2009	J <u>(2)</u>	0	A	\$ 0	6,504	I	Irrevoc. Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of or Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to	\$ 12.92	12/15/1999		M	12,410	12/15/2003	12/15/2009	Common Stock	12,410

Reporting Owners

Buy)

Reporting Owner Name / Address	Relationships						
1	Director	10% Owner	Officer	Other			
HOY THOMAS L ARROW FINANCIAL CORPORATION 250 GLEN STREET GLENS FALLS NY 12801	X		Chairman, President & CEO				

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Signatures

Gerard R. Bilodeau, Attorney in Fact

02/05/2009

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 1) 6,427 shares surrendered by reporting person to issuer to pay the exercise price of the derivative security and 2) 2,022 shares withheld by the issuer to satisfy withholding tax laibilities related to the exercise.
- (2) Amount of securities beneficially owned.
- (3) Exercise of derivative security.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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