SCHOBER MARK A

Form 4

September 01, 2011

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB 3235-0287

OMB APPROVAL

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subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box

if no longer

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person * SCHOBER MARK A			2. Issuer Name and Ticker or Trading Symbol ALLETE INC [ALE]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(eneck all applicable)		
30 WEST SUPERIOR STREET		REET	(Month/Day/Year) 08/31/2011	Director 10% Owner _X_ Officer (give title Other (specify below) Senior VP & CFO		
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
DULUTH, MN 55802			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			5. Amount of Securities Beneficially Owned Following Reported	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
			Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)			
Common Stock	08/31/2011		M	4,413	A	\$ 29.79	20,960.66 (1)	D		
Common Stock	08/31/2011		M	2,207	A	\$ 23.79	23,167.67	D		
Common Stock	08/31/2011		S	700	D	\$ 39.03	22,467.67	D		
Common Stock	08/31/2011		S	600	D	\$ 39.04	21,867.67	D		
Common Stock	08/31/2011		S	1,182	D	\$ 39.05	20,685.67	D		

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Common Stock	08/31/2011	S	2,000	D	\$ 39.06	18,685.67	D	
Common Stock	08/31/2011	S	1,100	D	\$ 39.07	17,585.67	D	
Common Stock	08/31/2011	S	100	D	\$ 39.1	17,485.67	D	
Common Stock	08/31/2011	S	200	D	\$ 39.11	17,285.67	D	
Common Stock	08/31/2011	S	700	D	\$ 39.13	16,585.67	D	
Common Stock	08/31/2011	S	38	D	\$ 39.15	16,547.67	D	
Common Stock						12,390.55 (2)	I	By RSOP Trust
Common Stock						118.26	I	By child sharing Insider's household

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number on f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amoun or Number of Shares
Employee Stock Option (right-to-buy)	\$ 29.79	08/31/2011		M	4,413	(3)	01/02/2012	Common Stock	4,413
Employee Stock Option (right-to-buy)	\$ 23.79	08/31/2011		M	2,207	<u>(4)</u>	02/03/2013	Common Stock	2,207

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Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

SCHOBER MARK A 30 WEST SUPERIOR STREET DULUTH, MN 55802

Senior VP & CFO

Signatures

Ingrid K. Johnson for Mark A. Schober

09/01/2011

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
 - Includes shares acquired in exempt transactions under ALLETE's employee stock purchase plan and pursuant to the dividend equivalent
- (1) feature of restricted stock grants under ALLETE's executive long term incentive compensation plan, all based on plan information available as of August 1, 2011.
- (2) Includes shares acquired in exempt transactions under ALLETE's retirement savings and stock ownership plan (RSOP) and is based on RSOP plan information available as of August 1, 2011.
- (3) The option vested in three equal installments on January 2, 2003, January 2, 2004 and January 2, 2005, respectively.
- (4) The option vested in three equal installments on February 3, 2004, February 3, 2005 and February 3, 2006, respectively.

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