

ADAMS RESOURCES & ENERGY, INC.  
Form 8-K  
February 22, 2019

UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

FORM 8-K

CURRENT REPORT  
Pursuant to Section 13 or 15(d)  
of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): February 22, 2019

ADAMS RESOURCES & ENERGY, INC.  
(Exact name of registrant as specified in its charter)

Delaware	1-7908	74-1753147
(State or other jurisdiction of incorporation)	(Commission File Number)	(IRS Employer Identification No.)

17 South  
Briar  
Hollow  
Lane, Suite 77027  
100,  
Houston,  
Texas  
(Address of  
principal  
executive  
offices) (Zip  
Code)

Registrant's telephone number, including area code: (713) 881-3600

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425

under the Securities Act (17 CFR 230.425)

Soliciting material pursuant to Rule

- o 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications

- o pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications

- o pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (17 CFR§230.405) or Rule 12b-2 of the Securities Exchange Act of 1934 (17 CFR §240.12b-2).

Emerging growth company

o

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided

pursuant to Section  
13(a) of the  
Exchange Act.

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Item 7.01 Regulation FD Disclosure.

On February 22, 2019, Adams Resources & Energy, Inc., a Delaware corporation, issued a press release announcing a cash dividend of \$0.22 per common share payable on March 22, 2019 to shareholders of record as of the close of business on March 8, 2019. A copy of the press release is attached hereto as exhibit 99.1 and incorporated herein by reference. The information set forth in this Item 7.01 is deemed to be furnished and shall not be deemed to be “filed” for purposes of Section 18 of the Securities Exchange Act of 1934, as amended.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

99.1 Press  
release of  
Adams  
Resources  
& Energy,  
Inc. issued  
February  
22, 2019.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

ADAMS  
RESOURCES  
& ENERGY,  
INC.

Date: February 22, 2019 By: /s/ Tracy E.  
Ohmart  
Tracy E.  
Ohmart  
Chief Financial  
Officer  
(Principal  
Financial  
Officer and  
Principal  
Accounting  
Officer)