ADAMS RESOURCES & ENERGY, INC. Form 3 March 30, 2017 FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

## INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

#### OMB APPROVAL

OMB Number: 3235-0104 Expires: January 31, 2005 Estimated average burden hours per response... 0.5

(Print or Type Responses)

1. Name and Address of Reporting Person <u>*</u> Griffith Geoffrey	2. Date of Event Requiring Statement (Month/Day/Year)	3. Issuer Name <b>and</b> Ticker or Trading Symbol ADAMS RESOURCES & ENERGY, INC. [AE]				
(Last) (First) (Middle)	03/30/2017	4. Relationship of Reporting Person(s) to Issuer		5. If Amendment, Date Original Filed(Month/Day/Year)		
17 SOUTH BRIAR HOLLOW LANE		(Check all applicable)				
(Street)		Director 10% Owner X Officer Other (give title below) (specify below) President Gulfmark Energy Inc		6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		
HOUSTON, TX 77027		Fleshent Guilliark E	nergy nic	Form filed by More than One Reporting Person		
(City) (State) (Zip)	Table I - N	Ion-Derivative Secu	irities Be	eneficially Owned		
1.Title of Security (Instr. 4)	2. Amount of Beneficially (Instr. 4)		nip Own (Instr D)	ture of Indirect Beneficial ership : 5)		
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. SEC 1473 (7-02)   Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. SEC 1473 (7-02)						
Table II - Derivative Se	curities Beneficially Owned (e	g., puts, calls, warrants	s, options, o	convertible securities)		

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and		3. Title and Amount of		4.	5.	6. Nature of Indirect
	Expiration Date		Securities Underlying		Conversion	Ownership	Beneficial Ownership
	(Month/Day/Year)		Derivative Security		or Exercise	Form of	(Instr. 5)
	Date Exercisable	Expiration Date	(Instr. 4) Title	Amount or Number of Shares	Price of Derivative Security	Derivative Security: Direct (D) or Indirect (I)	

(Instr. 5)

# **Reporting Owners**

Reporting Owner Name / Address		Relationships					
		Director	10% Owner	Officer	Other		
Griffith Geoffrey 17 SOUTH BRIAR HOLLOW LANE HOUSTON, TX 77027		Â	Â	President Gulfmark Energy Inc	Â		
Signatures							
Griffith Geoffrey	03/30/2017						
<u>**</u> Signature of Reporting Person	Date						

## **Explanation of Responses:**

### No securities are beneficially owned

\* If the form is filed by more than one reporting person, see Instruction 5(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.