INC Research Holdings, Inc.

Form 4

December 09, 2015

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							OMB APPROVAL				
							OMB Number:	3235-0287			
Check the			·				Expires:	January 31, 2005			
if no lor subject Section Form 4	STATEMENT (16.	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP (SECURITIES									
Form 4 or Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940											
(Print or Type	Responses)										
	Address of Reporting Person *_nristopher L	2. Issuer Name Symbol			I	5. Relationship of Reporting Person(s) to Issuer					
		INC Research	i Holdings,	Inc. [IN	CR]	(Check all applicable)					
(Last)	(First) (Middle)	3. Date of Earlies		1		Diseases 100% Occurs					
	ESEARCH HOLDINGS, BEECHLEAF COURT,	12/07/2015	onth/Day/Year) /07/2015				Director 10% Owner X Officer (give title Other (specify below) CAO, GC & Sec				
	(Street)	4. If Amendment	t, Date Origin	al	6	6. Individual or Joint/Group Filing(Check					
RALEIGH	, NC 27604	Filed(Month/Day/	onth/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person								
(City)	(State) (Zip)	Table I - No	on-Derivativ	e Securitie	es Acqui	red, Disposed of,	or Beneficial	ly Owned			
1.Title of Security (Instr. 3)	any		(Instr. 3			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
Class A		Code	V Amoun	t (D)	Price	(Instr. 3 and 4)					
Class A Common Stock	12/07/2015	M(1)	13,992	A \$	5 10.57	21,283	D				
Class A Common Stock	12/07/2015	M <u>(1)</u>	11,193	A \$	5 10.06	32,476	D				
Class A Common Stock	12/07/2015	S <u>(1)</u>	5,676	D 4	4.695	26,800	D				
Class A	12/07/2015	S(1)	147	D \$	3	26,653	D				

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Common Stock					45.103 (3)		
Class A Common Stock	12/07/2015	S(1)	4,540	D	\$ 44.695 (4)	22,113	D
Class A Common Stock	12/07/2015	S(1)	119	D	\$ 45.103 (3)	21,994	D
Class A Common Stock	12/08/2015	S <u>(1)</u>	8,169	D	\$ 35.357 (5)	13,825	D
Class A Common Stock	12/08/2015	S(1)	6,534	D	\$ 45.134 <u>(6)</u>	7,291	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Secu Acqu or D (D) (Inst	5. Number of nDerivative Securities (Month/Day/Y) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy Class A Common Stock)	\$ 10.57	12/07/2015		M <u>(1)</u>		13,992	<u>(7)</u>	04/02/2022	Class A Common Stock	13,992
Stock Option (Right to Buy Class A Common	\$ 10.06	12/07/2015		M <u>(1)</u>		11,193	(8)	08/18/2023	Class A Common Stock	11,193

Stock)

Reporting Owners

Reporting Owner Name / Address	Relationships						
F	Director	10% Owner	Officer	Other			
Gaenzle Christopher L C/O INC RESEARCH HOLDINGS, INC. 3201 BEECHLEAF COURT, SUITE 600 RALEIGH, NC 27604			CAO, GC & Sec				

Signatures

/s/ Christopher L. Gaenzle

12/09/2015

**Signature of Reporting

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The transactions reported on this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on May 8, 2015.
- The price reported in column 4 is a weighted-average price. These shares were sold in multiple transactions at prices ranging from \$44.08 (2) to \$45.06, inclusive. The reporting person will provide to INC Research Holdings, Inc. (the "Issuer"), any security holder of the Issuer, or the SEC staff, upon request, information regarding the number of shares sold at each price within the range.
- The price reported in column 4 is a weighted-average price. These shares were sold in multiple transactions at prices ranging from \$45.09 (3) to \$45.135, inclusive. The reporting person will provide to the Issuer, any security holder of the Issuer, or the SEC staff, upon request, information regarding the number of shares sold at each price within the range.
- The price reported in column 4 is a weighted-average price. These shares were sold in multiple transactions at prices ranging from \$44.08 (4) to \$45.06, inclusive. The reporting person will provide to the Issuer, any security holder of the Issuer, or the SEC staff, upon request, information regarding the number of shares sold at each price within the range.
- The price reported in column 4 is a weighted-average price. These shares were sold in multiple transactions at prices ranging from \$44.97 (5) to \$45.61, inclusive. The reporting person will provide to the Issuer, any security holder of the Issuer, or the SEC staff, upon request, information regarding the number of shares sold at each price within the range.
- The price reported in column 4 is a weighted-average price. These shares were sold in multiple transactions at prices ranging from \$44.96 (6) to \$45.61, inclusive. The reporting person will provide to the Issuer, any security holder of the Issuer, or the SEC staff, upon request, information regarding the number of shares sold at each price within the range.
- One half of the shares subject to this option vest yearly in five equal installments beginning on April 2, 2013, subject to continued employment. The other half of the shares subject to this option vest yearly in five equal installments beginning on December 31, 2013, subject to continued employment.
- One half of the shares subject to this option vest yearly in five equal installments beginning on August 18, 2014, subject to continued employment. The other half of the shares subject to this option vest yearly in five equal installments beginning on December 31, 2013, subject to continued employment.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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