

Rondeau Christopher  
 Form 4  
 March 15, 2019

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
 Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
 Rondeau Christopher

(Last) (First) (Middle)

C/O PLANET FITNESS, INC., 4  
 LIBERTY LANE WEST

(Street)

HAMPTON, NH 03842

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol  
 Planet Fitness, Inc. [PLNT]

3. Date of Earliest Transaction  
 (Month/Day/Year)  
 03/13/2019

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

\_\_\_\_ Director \_\_\_\_\_ 10% Owner  
 \_\_\_\_ Officer (give title below) \_\_\_\_ Other (specify below)

Chief Executive Officer

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
			Code	V	Amount or Price					
Class A common stock	03/13/2019		C(1)		244,167 (1)	A	\$ 0	244,167	I	By Trust (1)
Class A common stock	03/13/2019		S(1)		244,167 (1)	D	\$ 66.29	0	I	By Trust (1)
Class A common stock	03/13/2019		C(2)		104,643 (2)	A	\$ 0	104,643	I	By Trust (2)
Class A common	03/13/2019		S(2)		104,643 (2)	D	\$ 66.29	0	I	By Trust (2)

stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Amount or Number of Shares
Holding Units and Class B common stock	(1) (3)	03/13/2019		C	244,167 (1)	(3) (3)	Class A common stock	244,167 (1)
Holding Units and Class B common stock	(2) (3)	03/13/2019		C	104,643 (2)	(3) (3)	Class A common stock	104,643 (2)

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Rondeau Christopher C/O PLANET FITNESS, INC. 4 LIBERTY LANE WEST HAMPTON, NH 03842			Chief Executive Officer	

## Signatures

/s/ Justin Vartanian,  
Attorney-in-Fact

03/15/2019

\*\*Signature of Reporting Person

Date

## Explanation of Responses:

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) On March 13, 2019, The Christopher J. Rondeau Revocable Trust of 2006, u/d/t 05/15/06 exchanged 244,167 Common Units of Pla-Fit Holdings, LLC ("Holding Units") and 244,167 shares of Class B common stock of Planet Fitness, Inc. (the "Company") for 244,167 shares of Class A common stock of the Company, and substantially simultaneously sold all 244,167 shares of Class A common stock of the Company in a single private sale. Following the sale, The Christopher J. Rondeau Revocable Trust of 2006, u/d/t 05/15/06 held 3,002,980 Holding Units and 3,002,980 shares of Class B common stock of the Company.

(2) On March 13, 2019, The Christopher J. Rondeau Irrevocable GST Trust of 2012, u/d/t 11/08/12 exchanged 104,643 Holding Units and 104,643 shares of Class B common stock of the Company for 104,643 shares of Class A common stock of the Company, and substantially simultaneously sold all 104,643 shares of Class A common stock of the Company in a single private sale. Following the sale, The Christopher J. Rondeau Irrevocable GST Trust of 2012, u/d/t 11/08/12 held 996,520 Holding Units and 996,520 shares of Class B common stock of the Company. Mr. Rondeau disclaims beneficial ownership of such securities except to the extent of his pecuniary interest therein.

(3) Pursuant to the terms of the Exchange Agreement dated as of August 5, 2015, as amended, by and among the Company, Pla-Fit Holdings, LLC and the holders from time to time of Holding Units and shares of Class B common stock, the holders thereof may exchange all or a portion of their Holding Units along with an equal number of shares of Class B common stock for shares of Class A common stock of the Company on a one-to-one basis (one Holding Unit and one share of Class B common stock together exchangeable for one share of Class A common stock). The holders thereof are not required to pay an exercise price in connection with any such exchange. The Holding Units do not expire. The Class B common stock provides the holder with one vote on all matters submitted to a vote of the Company's stockholders but does not entitle the holder to any of the economic rights associated with shares of the Company's Class A common stock.

### Remarks:

Justin Vartanian is signing on behalf of Mr. Rondeau pursuant to a Power of Attorney dated July 29, 2015, which was previously filed.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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