Patterson Mark Form 4 February 12, 2007

FORM 4

Check this box

if no longer

subject to

Section 16.

Form 4 or

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Patterson Mark

2. Issuer Name and Ticker or Trading Symbol

02/07/2007

5. Relationship of Reporting Person(s) to

Issuer

EXPRESS-1 EXPEDITED SOLUTIONS INC [XPO]

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)

_X__ Director 10% Owner X_ Officer (give title Other (specify below)

CHIEF FINANCIAL OFFICER

C/O EXPRESS-1 EXPEDITED SOLUTIONS, INC., 429 POST

ROAD

4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check

Filed(Month/Day/Year)

Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting

BUCHANAN, MI 49107

(City) (State) (Zip)

(Street)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of 2. Transaction Date 2A. Deemed 3. 4. Securities 5. Amount of 6. Ownership 7. Nature of Form: Direct Indirect Security (Month/Day/Year) Execution Date, if TransactionAcquired (A) or Securities (Instr. 3) Code Disposed of (D) Beneficially (D) or Indirect Beneficial (Month/Day/Year) (Instr. 8) (Instr. 3, 4 and 5) Owned Ownership Following (Instr. 4) (Instr. 4)

> Reported (A) Transaction(s) (Instr. 3 and 4) Code V Amount (D) Price

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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| | 1. Title of | 2. | 3. Transaction Date | 3A. Deemed | 4. | 5. Number of | 6. Date Exercisab | ole and | 7. Title and A | Amount o |
|---|-------------|------------------------|---------------------|------------------------|------------|----------------|--------------------------------|------------|--|----------|
| | Derivative | Conversion or Exercise | (Month/Day/Year) | Execution Date, if any | Transacti | orDerivative | Expiration Date | | Underlying Securities (Instr. 3 and 4) | |
| | Security | | | | Code | Securities | (Month/Day/Year) | | | |
| (| (Instr. 3) | Price of | | (Month/Day/Year) | (Instr. 8) | Acquired (A) | | | | |
| | | Derivative | | | | or Disposed of | f | | | |
| | | Security | | | | (D) | | | | |
| | | | | | | (Instr. 3, 4, | | | | |
| | | | | | | and 5) | | | | |
| | | | | | Code V | (A) (D) | Date Exercisable | Expiration | Title | Amount |
| | | | | | | | | Date | | or |
| | | | | | | | | | | Number |
| | | | | | | | | | | of Share |
| | Option | | | | | | | | Common | |
| | (1) | \$ 1.48 | 02/07/2007 | | A | 40,000 | $03/07/2007\underline{^{(2)}}$ | 02/07/2017 | Stock | 40,000 |
| | (-) | | | | | | | | Stock | |

Reporting Owners

Reporting Owner Name / Address

Relationships

Director 10% Owner Officer Other

Patterson Mark

C/O EXPRESS-1 EXPEDITED SOLUTIONS, INC.

X
CHIEF FINANCIAL OFFICER

429 POST ROAD BUCHANAN, MI 49107

Signatures

Mark Patterson 02/12/2007

**Signature of Person Date

Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Granted for Board Service.
- (2) The options vest monthly over a 3-year period at a rate of 111.111 shares per month and are exercisable from the end of the first month after issuance through the end of the 10-year period.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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