

WHITE JOHN V
Form 5
January 25, 2006

FORM 5

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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Form 3 Holdings Reported Form 4 Transactions Reported

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *
WHITE JOHN V

2. Issuer Name and Ticker or Trading Symbol
REGIONS FINANCIAL CORP [RF]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year)
12/31/2005

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
Regional CEO

P.O. BOX 387

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Reporting

(check applicable line)

MEMPHIS, TN 38147

Form Filed by One Reporting Person
 Form Filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	(A) or (D)	Price	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Ownership (Instr. 4)
Common Stock	12/30/2005	Â	J ⁽¹⁾	3,319.674	D	\$ 0 0	I	By 401(k)	
Common Stock	12/30/2005	Â	J ⁽¹⁾	194.711	D	\$ 0 0	I	By ESOP	
Common Stock	Â	Â	Â	Â	Â	Â	134,481.96	D	Â

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount Number Shares
Phantom Stock Units (401k)	Â	12/30/2005	Â	J ⁽²⁾	4,035	Â	Â ⁽²⁾	Â ⁽²⁾	Common Stock	4,035
Stock Option	\$ 29.79	Â	Â	Â	Â	Â	01/31/2002	05/01/2010	Common Stock	1,260
Stock Option	\$ 33.34	Â	Â	Â	Â	Â	11/02/2002	05/01/2010	Common Stock	1,263
Stock Option	\$ 29	Â	Â	Â	Â	Â	05/01/2003	05/01/2010	Common Stock	2,467
Stock Option	\$ 33.69	Â	Â	Â	Â	Â	05/03/2004	05/01/2010	Common Stock	5,781
Stock Option	\$ 27.75	Â	Â	Â	Â	Â	07/01/2004	05/01/2010	Common Stock	7,234
Stock Option	\$ 32.96	Â	Â	Â	Â	Â	07/24/2005	05/01/2010	Common Stock	20,111
Stock Option	\$ 28.47	Â	Â	Â	Â	Â	11/01/2003	07/01/2010	Common Stock	2,516
Stock Option	\$ 32.96	Â	Â	Â	Â	Â	07/24/2005	12/20/2010	Common Stock	48,891
Stock Option	\$ 29.79	Â	Â	Â	Â	Â	07/31/2002	07/31/2011	Common Stock	273
Stock Option	\$ 25.59	Â	Â	Â	Â	Â	07/01/2004	10/10/2011	Common Stock	112,500
Stock Option	\$ 33.82	Â	Â	Â	Â	Â	12/20/2005	10/15/2011	Common Stock	90,000
Stock Option	\$ 33.34	Â	Â	Â	Â	Â	07/01/2004	05/01/2012	Common Stock	363
Stock Option	\$ 34.31	Â	Â	Â	Â	Â	12/20/2005	10/08/2012	Common Stock	99,550
	\$ 29	Â	Â	Â	Â	Â	07/01/2004	11/01/2012		495

Stock Option										Common Stock	
Stock Option	\$ 34.66	^	^	^	^	^	^	^ (3)	12/20/2012	Common Stock	56,43
Stock Option	\$ 28.47	^	^	^	^	^	^	07/01/2004	05/01/2013	Common Stock	478
Stock Option	\$ 33.48	^	^	^	^	^	^	07/01/2004	10/14/2013	Common Stock	93,75
Stock Option	\$ 33.69	^	^	^	^	^	^	07/01/2004	11/03/2013	Common Stock	1,708

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
WHITE JOHN V P.O. BOX 387 MEMPHIS, TN 38147	^	^	^ Regional CEO	^

Signatures

By: Ronald C. Jackson 01/04/2006

__Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Union Planters Corp. benefit plan shares transferred to Regions benefit plans.
- (2) The reported phantom stock units were acquired under Regions' benefit plans.
- (3) The option becomes exercisable in three equal installments on December 20, 2006, 2007 and 2008.

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