

Marziotti John D
 Form 4
 September 16, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box
 if no longer
 subject to
 Section 16.
 Form 4 or
 Form 5
 obligations
 may continue.
See Instruction
 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
 Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
 30(h) of the Investment Company Act of 1940

OMB APPROVAL

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(Print or Type Responses)

1. Name and Address of Reporting Person *
 Marziotti John D

(Last) (First) (Middle)
 363 N. SAM HOUSTON PKWY E,
 SUITE 100
 (Street)

HOUSTON, TX 77060
 (City) (State) (Zip)

2. Issuer Name and Ticker or Trading
 Symbol
 NEWFIELD EXPLORATION CO
 /DE/ [NFX]

3. Date of Earliest Transaction
 (Month/Day/Year)
 09/16/2009

4. If Amendment, Date Original
 Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to
 Issuer

(Check all applicable)

____ Director ____ 10% Owner
 ____ Officer (give title below) ____ Other (specify below)
 General Counsel and Secretary

6. Individual or Joint/Group Filing(Check
 Applicable Line)
 X Form filed by One Reporting Person
 ____ Form filed by More than One Reporting
 Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount	(D)	Price
common stock (1)	09/16/2009		M		3,000	A	\$ 20.5
common stock	09/16/2009		S		3,000 (2)	D	\$ 45.6714
					27,274		D
					24,274		D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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