

INNOVATIVE FOOD HOLDINGS INC  
Form SC 13D/A  
January 08, 2019

**UNITED STATES**

**SECURITIES AND EXCHANGE COMMISSION**

**Washington, D.C. 20549**

**SCHEDULE 13D/A**

**Under the Securities Exchange Act of 1934**

**(Amendment No. 6)\***

**INNOVATIVE FOOD HOLDINGS, INC.**  
(Name of Issuer)

**COMMON STOCK**

(Title of Class of Securities)

45772H202  
(CUSIP Number)

DENVER J. SMITH  
  
52 CARLSON DRIVE  
  
MILFORD, CT 06460  
  
(405) 830 - 3274

(Name, Address and Telephone Number of Person

Edgar Filing: INNOVATIVE FOOD HOLDINGS INC - Form SC 13D/A

Authorized to Receive Notices and Communications)

12/31/18

(Date of Event which Requires

Filing of this Statement)

If the filing person has previously filed a statement on Schedule 13G to report the acquisition that is the subject of this Schedule 13D, and is filing this schedule because of §§ 240.13d-1(e), 240.13d-1(f) or 240.13d-1(g), check the following box

\*The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter disclosures provided in a prior cover page.

The information required on the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

**SCHEDULE 13D**

**CUSIP No. 45772H202 Page 2 of 12 Pages**

**NAME OF REPORTING PERSON**

**1** I.R.S. IDENTIFICATION NO.  
OF ABOVE PERSON  
(ENTITIES ONLY)  
**Denver J. Smith**

**2** **CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP (SEE INSTRUCTIONS)** (a)

(b)

**3** **SEC USE ONLY**

**4** **SOURCE OF FUNDS (SEE INSTRUCTIONS)**  
PF

**5** **CHECK IF DISCLOSURE OF LEGAL PROCEEDINGS IS REQUIRED PURSUANT TO ITEMS 2(d) OR 2(e)**

**6**

**CITIZENSHIP OR PLACE  
OF ORGANIZATION**

United States Of America

|                                                                             |           |                                         |
|-----------------------------------------------------------------------------|-----------|-----------------------------------------|
| <b>NUMBER OF<br/>SHARES</b>                                                 | <b>7</b>  | <b>SOLE<br/>VOTING<br/>POWER</b>        |
|                                                                             |           | 765,637 shares                          |
| <b>BENEFICIALLY<br/>OWNED BY<br/>EACH<br/>REPORTING<br/>PERSON<br/>WITH</b> | <b>8</b>  | <b>SHARED<br/>VOTING<br/>POWER</b>      |
|                                                                             |           | 1,042,488 shares                        |
|                                                                             | <b>9</b>  | <b>SOLE<br/>DISPOSITIVE<br/>POWER</b>   |
|                                                                             |           | 765,637 shares                          |
|                                                                             | <b>10</b> | <b>SHARED<br/>DISPOSITIVE<br/>POWER</b> |
|                                                                             |           | 1,042,488 shares                        |

**11**      **AGGREGATE AMOUNT  
BENEFICIALLY OWNED  
BY EACH REPORTING  
PERSON**  
1,808,125 shares

**12**      **CHECK BOX IF THE  
AGGREGATE AMOUNT  
IN ROW (11)  
EXCLUDES CERTAIN  
SHARES (SEE(SEE  
INSTRUCTIONS)  
(SEE INSTRUCTIONS)**

**13**      **PERCENT OF CLASS  
REPRESENTED BY  
AMOUNT IN ROW (11)**  
5.4%

**14**      **TYPE OF REPORTING  
PERSON  
IN**

CUSIP No. 45772H202 Page 3 of  
12 Pages

**NAME OF REPORTING  
PERSON**

**1** I.R.S. IDENTIFICATION NO.  
OF ABOVE PERSON  
(ENTITIES ONLY)  
**CRC Founders Fund, LP**

81-2726593

**2** **CHECK THE  
APPROPRIATE  
BOX IF A** (a)  
**MEMBER OF A  
GROUP (SEE  
INSTRUCTIONS)**

(b)

**3** **SEC USE ONLY**

**4** **SOURCE OF FUNDS (SEE  
INSTRUCTIONS)**  
WC

**5** **CHECK IF  
DISCLOSURE OF  
LEGAL PROCEEDINGS  
IS REQUIRED  
PURSUANT TO ITEMS  
2(d) OR 2(e)**

**6** **CITIZENSHIP OR PLACE  
OF ORGANIZATION**  
Delaware

|                                                                                    |                  |                                                                 |
|------------------------------------------------------------------------------------|------------------|-----------------------------------------------------------------|
| <p><b>NUMBER OF<br/>SHARES</b></p>                                                 | <p><b>7</b></p>  | <p><b>SOLE<br/>VOTING<br/>POWER</b><br/>191,864 shares</p>      |
| <p><b>BENEFICIALLY<br/>OWNED BY<br/>EACH<br/>REPORTING<br/>PERSON<br/>WITH</b></p> | <p><b>8</b></p>  | <p><b>SHARED<br/>VOTING<br/>POWER</b><br/>0</p>                 |
|                                                                                    | <p><b>9</b></p>  | <p><b>SOLE<br/>DISPOSITIVE<br/>POWER</b><br/>191,864 shares</p> |
|                                                                                    | <p><b>10</b></p> | <p><b>SHARED<br/>DISPOSITIVE<br/>POWER</b><br/>0</p>            |

**11**      **AGGREGATE AMOUNT  
BENEFICIALLY OWNED  
BY EACH REPORTING  
PERSON**  
191,864 shares

**12**      **CHECK BOX IF THE  
AGGREGATE AMOUNT  
IN ROW (11)  
EXCLUDES CERTAIN  
SHARES (SEE(SEE  
INSTRUCTIONS)  
(SEE INSTRUCTIONS)**

**13**      **PERCENT OF CLASS  
REPRESENTED BY  
AMOUNT IN ROW (11)**  
**0.6%**

**14**      **TYPE OF REPORTING  
PERSON**  
**PN**





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12 Pages

**NAME OF REPORTING  
PERSON**

**1** I.R.S. IDENTIFICATION NO.  
OF ABOVE PERSON  
(ENTITIES ONLY)  
**Donald E. Smith**

**2** **CHECK THE  
APPROPRIATE  
BOX IF A** (a)  
**MEMBER OF A  
GROUP (SEE  
INSTRUCTIONS)**

(b)

**3** **SEC USE ONLY**

**4** **SOURCE OF FUNDS (SEE  
INSTRUCTIONS)**  
PF

**5** **CHECK IF  
DISCLOSURE OF  
LEGAL PROCEEDINGS  
IS REQUIRED  
PURSUANT TO ITEMS  
2(d) OR 2(e)**

**6** **CITIZENSHIP OR PLACE  
OF ORGANIZATION**  
United States Of America  
**NUMBER OF**

|                                                                                                                                                    |                                                                                                           |                                                                                                                                                                                                                                                                                                        |
|----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>SHARES</b><br><br><b>BENEFICIALLY</b><br><br><b>OWNED BY</b><br><br><b>EACH</b><br><br><b>REPORTING</b><br><br><b>PERSON</b><br><br><b>WITH</b> | <b>7</b><br><br><br><br><br><br><b>8</b><br><br><br><br><br><br><b>9</b><br><br><br><br><br><br><b>10</b> | <b>SOLE</b><br><b>VOTING</b><br><b>POWER</b><br>26,000<br><br><br><br><b>SHARED</b><br><b>VOTING</b><br><b>POWER</b><br>804,804 shares<br><br><br><br><b>SOLE</b><br><b>DISPOSITIVE</b><br><b>POWER</b><br>26,000<br><br><br><br><b>SHARED</b><br><b>DISPOSITIVE</b><br><b>POWER</b><br>804,804 shares |
|----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

**11**      **AGGREGATE AMOUNT**  
**BENEFICIALLY OWNED**  
**BY EACH REPORTING**  
**PERSON**  
830,804 shares

**12**      **CHECK BOX IF THE**  
**AGGREGATE AMOUNT**  
**IN ROW (11)**  
**EXCLUDES CERTAIN**  
**SHARES (SEE(SEE**  
**INSTRUCTIONS)**  
**(SEE INSTRUCTIONS)**

**13**      **PERCENT OF CLASS**  
**REPRESENTED BY**  
**AMOUNT IN ROW (11)**  
2.5%

**14**      **TYPE OF REPORTING**  
**PERSON**  
**IN**



CUSIP No. 45772H202 Page 5 of  
12 Pages

**NAME OF REPORTING  
PERSON**

**1** I.R.S. IDENTIFICATION NO.  
OF ABOVE PERSON  
(ENTITIES ONLY)  
**Richard G. Hill**

**2** **CHECK THE  
APPROPRIATE  
BOX IF A** (a)  
**MEMBER OF A  
GROUP (SEE  
INSTRUCTIONS)**

(b)

**3** **SEC USE ONLY**

**4** **SOURCE OF FUNDS (SEE  
INSTRUCTIONS)**  
PF

**5** **CHECK IF  
DISCLOSURE OF  
LEGAL PROCEEDINGS  
IS REQUIRED  
PURSUANT TO ITEMS  
2(d) OR 2(e)**

**6** **CITIZENSHIP OR PLACE  
OF ORGANIZATION**  
United States Of America  
**NUMBER OF**

|                                                                                                                                                    |                                                                                                           |                                                                                                                                                                                                                                                                                                                    |
|----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>SHARES</b><br><br><b>BENEFICIALLY</b><br><br><b>OWNED BY</b><br><br><b>EACH</b><br><br><b>REPORTING</b><br><br><b>PERSON</b><br><br><b>WITH</b> | <b>7</b><br><br><br><br><br><br><b>8</b><br><br><br><br><br><br><b>9</b><br><br><br><br><br><br><b>10</b> | <b>SOLE</b><br><b>VOTING</b><br><b>POWER</b><br>39,300 shares<br><br><br><br><b>SHARED</b><br><b>VOTING</b><br><b>POWER</b><br>45,820 shares<br><br><br><br><b>SOLE</b><br><b>DISPOSITIVE</b><br><b>POWER</b><br>39,300 shares<br><br><br><br><b>SHARED</b><br><b>DISPOSITIVE</b><br><b>POWER</b><br>45,820 shares |
|----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

|           |                                                                                                                    |
|-----------|--------------------------------------------------------------------------------------------------------------------|
| <b>11</b> | <b>AGGREGATE AMOUNT</b><br><b>BENEFICIALLY OWNED</b><br><b>BY EACH REPORTING</b><br><b>PERSON</b><br>85,120 shares |
|-----------|--------------------------------------------------------------------------------------------------------------------|

|           |                                                                                                                                                                                    |
|-----------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>12</b> | <b>CHECK BOX IF THE</b><br><b>AGGREGATE AMOUNT</b><br><b>IN ROW (11)</b><br><b>EXCLUDES CERTAIN</b><br><b>SHARES (SEE(SEE</b><br><b>INSTRUCTIONS)</b><br><b>(SEE INSTRUCTIONS)</b> |
|-----------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

|           |                                                                                       |
|-----------|---------------------------------------------------------------------------------------|
| <b>13</b> | <b>PERCENT OF CLASS</b><br><b>REPRESENTED BY</b><br><b>AMOUNT IN ROW (11)</b><br>0.3% |
|-----------|---------------------------------------------------------------------------------------|

|           |                                                        |
|-----------|--------------------------------------------------------|
| <b>14</b> | <b>TYPE OF REPORTING</b><br><b>PERSON</b><br><b>IN</b> |
|-----------|--------------------------------------------------------|



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12 Pages

**NAME OF REPORTING  
PERSON**

**1** I.R.S. IDENTIFICATION NO.  
OF ABOVE PERSON  
(ENTITIES ONLY)  
**Samuel N. Jurrens**

**2** **CHECK THE  
APPROPRIATE  
BOX IF A** (a)  
**MEMBER OF A  
GROUP (SEE  
INSTRUCTIONS)**

(b)

**3** **SEC USE ONLY**

**4** **SOURCE OF FUNDS (SEE  
INSTRUCTIONS)**  
PF

**5** **CHECK IF  
DISCLOSURE OF  
LEGAL PROCEEDINGS  
IS REQUIRED  
PURSUANT TO ITEMS  
2(d) OR 2(e)**

**6** **CITIZENSHIP OR PLACE  
OF ORGANIZATION**  
United States Of America  
**NUMBER OF**

|                                                                                                                                                    |                                                                                  |                                                                                                                                                                                                                                 |
|----------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>SHARES</b><br><br><b>BENEFICIALLY</b><br><br><b>OWNED BY</b><br><br><b>EACH</b><br><br><b>REPORTING</b><br><br><b>PERSON</b><br><br><b>WITH</b> | <b>7</b><br><br><br><br><br><br><br><br><b>8</b><br><br><br><br><br><br><b>9</b> | <b>SOLE</b><br><b>VOTING</b><br><b>POWER</b><br>51,349 shares<br><br><br><br><b>SHARED</b><br><b>VOTING</b><br><b>POWER</b><br>191,864 shares<br><br><br><br><b>SOLE</b><br><b>DISPOSITIVE</b><br><b>POWER</b><br>51,349 shares |
|----------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

|           |                                                                       |
|-----------|-----------------------------------------------------------------------|
| <b>10</b> | <b>SHARED</b><br><b>DISPOSITIVE</b><br><b>POWER</b><br>191,864 shares |
|-----------|-----------------------------------------------------------------------|

|           |                                                                                                                     |
|-----------|---------------------------------------------------------------------------------------------------------------------|
| <b>11</b> | <b>AGGREGATE AMOUNT</b><br><b>BENEFICIALLY OWNED</b><br><b>BY EACH REPORTING</b><br><b>PERSON</b><br>243,213 shares |
|-----------|---------------------------------------------------------------------------------------------------------------------|

|           |                                                                                                                                                                                    |
|-----------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>12</b> | <b>CHECK BOX IF THE</b><br><b>AGGREGATE AMOUNT</b><br><b>IN ROW (11)</b><br><b>EXCLUDES CERTAIN</b><br><b>SHARES (SEE(SEE</b><br><b>INSTRUCTIONS)</b><br><b>(SEE INSTRUCTIONS)</b> |
|-----------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

|           |                                                                                       |
|-----------|---------------------------------------------------------------------------------------|
| <b>13</b> | <b>PERCENT OF CLASS</b><br><b>REPRESENTED BY</b><br><b>AMOUNT IN ROW (11)</b><br>0.7% |
|-----------|---------------------------------------------------------------------------------------|

|           |                                                            |
|-----------|------------------------------------------------------------|
| <b>14</b> | <b>TYPE OF REPORTING</b><br><b>PERSON</b><br><b>IA, IN</b> |
|-----------|------------------------------------------------------------|





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12 Pages

**NAME OF REPORTING  
PERSON**

**1** I.R.S. IDENTIFICATION NO.  
OF ABOVE PERSON  
(ENTITIES ONLY)  
**73114 Investments, LLC**  
  
26-3607132

**2** **CHECK THE  
APPROPRIATE  
BOX IF A** (a)  
**MEMBER OF A  
GROUP (SEE  
INSTRUCTIONS)**

(b)

**3** **SEC USE ONLY**

**4** **SOURCE OF FUNDS (SEE  
INSTRUCTIONS)**  
WC

**5** **CHECK IF  
DISCLOSURE OF  
LEGAL PROCEEDINGS  
IS REQUIRED  
PURSUANT TO ITEMS  
2(d) OR 2(e)**

**6** **CITIZENSHIP OR PLACE  
OF ORGANIZATION**  
Oklahoma

|                                                                                    |                  |                                                          |
|------------------------------------------------------------------------------------|------------------|----------------------------------------------------------|
| <p><b>NUMBER OF<br/>SHARES</b></p>                                                 | <p><b>7</b></p>  | <p><b>SOLE<br/>VOTING<br/>POWER</b><br/>744,804</p>      |
| <p><b>BENEFICIALLY<br/>OWNED BY<br/>EACH<br/>REPORTING<br/>PERSON<br/>WITH</b></p> | <p><b>8</b></p>  | <p><b>SHARED<br/>VOTING<br/>POWER</b><br/>0</p>          |
|                                                                                    | <p><b>9</b></p>  | <p><b>SOLE<br/>DISPOSITIVE<br/>POWER</b><br/>744,804</p> |
|                                                                                    | <p><b>10</b></p> | <p><b>SHARED<br/>DISPOSITIVE<br/>POWER</b><br/>0</p>     |

**11**      **AGGREGATE AMOUNT  
BENEFICIALLY OWNED  
BY EACH REPORTING  
PERSON**  
744,804 shares

**12**      **CHECK BOX IF THE  
AGGREGATE AMOUNT  
IN ROW (11)  
EXCLUDES CERTAIN  
SHARES (SEE(SEE  
INSTRUCTIONS)  
(SEE INSTRUCTIONS)**

**13**      **PERCENT OF CLASS  
REPRESENTED BY  
AMOUNT IN ROW (11)**  
2.2%

**14**      **TYPE OF REPORTING  
PERSON**  
CO



CUSIP No. 45772H202 Page 8 of  
12 Pages

**NAME OF REPORTING  
PERSON**

**1** I.R.S. IDENTIFICATION NO.  
OF ABOVE PERSON  
(ENTITIES ONLY)  
**Youth Properties, LLC**  
  
27-2901108

**2** **CHECK THE  
APPROPRIATE  
BOX IF A** (a)  
**MEMBER OF A  
GROUP (SEE  
INSTRUCTIONS)**

(b)

**3** **SEC USE ONLY**

**4** **SOURCE OF FUNDS (SEE  
INSTRUCTIONS)**  
WC

**5** **CHECK IF  
DISCLOSURE OF  
LEGAL PROCEEDINGS  
IS REQUIRED  
PURSUANT TO ITEMS  
2(d) OR 2(e)**

**6** **CITIZENSHIP OR PLACE  
OF ORGANIZATION**  
Oklahoma

|                                                                                    |                  |                                                                |
|------------------------------------------------------------------------------------|------------------|----------------------------------------------------------------|
| <p><b>NUMBER OF<br/>SHARES</b></p>                                                 | <p><b>7</b></p>  | <p><b>SOLE<br/>VOTING<br/>POWER</b><br/>60,000 shares</p>      |
| <p><b>BENEFICIALLY<br/>OWNED BY<br/>EACH<br/>REPORTING<br/>PERSON<br/>WITH</b></p> | <p><b>8</b></p>  | <p><b>SHARED<br/>VOTING<br/>POWER</b><br/>0 shares</p>         |
|                                                                                    | <p><b>9</b></p>  | <p><b>SOLE<br/>DISPOSITIVE<br/>POWER</b><br/>60,000 shares</p> |
|                                                                                    | <p><b>10</b></p> | <p><b>SHARED<br/>DISPOSITIVE<br/>POWER</b><br/>0 shares</p>    |

|                  |                                                                                                          |
|------------------|----------------------------------------------------------------------------------------------------------|
| <p><b>11</b></p> | <p><b>AGGREGATE AMOUNT<br/>BENEFICIALLY OWNED<br/>BY EACH REPORTING<br/>PERSON</b><br/>60,000 shares</p> |
|------------------|----------------------------------------------------------------------------------------------------------|

|                  |                                                                                                                                                       |
|------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>12</b></p> | <p><b>CHECK BOX IF THE<br/>AGGREGATE AMOUNT<br/>IN ROW (11)<br/>EXCLUDES CERTAIN<br/>SHARES (SEE(SEE<br/>INSTRUCTIONS)<br/>(SEE INSTRUCTIONS)</b></p> |
|------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|

|                  |                                                                                          |
|------------------|------------------------------------------------------------------------------------------|
| <p><b>13</b></p> | <p><b>PERCENT OF CLASS<br/>REPRESENTED BY<br/>AMOUNT IN ROW (11)</b><br/><b>0.2%</b></p> |
|------------------|------------------------------------------------------------------------------------------|

|                  |                                                          |
|------------------|----------------------------------------------------------|
| <p><b>14</b></p> | <p><b>TYPE OF REPORTING<br/>PERSON</b><br/><b>CO</b></p> |
|------------------|----------------------------------------------------------|



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12 Pages

**NAME OF REPORTING  
PERSON**

**1** I.R.S. IDENTIFICATION NO.  
OF ABOVE PERSON  
(ENTITIES ONLY)  
**Paratus Capital, LLC**

46-0672795

**2** **CHECK THE  
APPROPRIATE  
BOX IF A** (a)  
**MEMBER OF A  
GROUP (SEE  
INSTRUCTIONS)**

(b)

**3** **SEC USE ONLY**

**4** **SOURCE OF FUNDS (SEE  
INSTRUCTIONS)**  
WC

**5** **CHECK IF  
DISCLOSURE OF  
LEGAL PROCEEDINGS  
IS REQUIRED  
PURSUANT TO ITEMS  
2(d) OR 2(e)**

**6** **CITIZENSHIP OR PLACE  
OF ORGANIZATION**  
Oklahoma



|                                                                                    |                  |                                                                |
|------------------------------------------------------------------------------------|------------------|----------------------------------------------------------------|
| <p><b>NUMBER OF<br/>SHARES</b></p>                                                 | <p><b>7</b></p>  | <p><b>SOLE<br/>VOTING<br/>POWER</b><br/>45,820 shares</p>      |
| <p><b>BENEFICIALLY<br/>OWNED BY<br/>EACH<br/>REPORTING<br/>PERSON<br/>WITH</b></p> | <p><b>8</b></p>  | <p><b>SHARED<br/>VOTING<br/>POWER</b><br/>0</p>                |
|                                                                                    | <p><b>9</b></p>  | <p><b>SOLE<br/>DISPOSITIVE<br/>POWER</b><br/>45,820 shares</p> |
|                                                                                    | <p><b>10</b></p> | <p><b>SHARED<br/>DISPOSITIVE<br/>POWER</b><br/>0 shares</p>    |

|                  |                                                                                                          |
|------------------|----------------------------------------------------------------------------------------------------------|
| <p><b>11</b></p> | <p><b>AGGREGATE AMOUNT<br/>BENEFICIALLY OWNED<br/>BY EACH REPORTING<br/>PERSON</b><br/>45,820 shares</p> |
|------------------|----------------------------------------------------------------------------------------------------------|

|                  |                                                                                                                                                       |
|------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>12</b></p> | <p><b>CHECK BOX IF THE<br/>AGGREGATE AMOUNT<br/>IN ROW (11)<br/>EXCLUDES CERTAIN<br/>SHARES (SEE(SEE<br/>INSTRUCTIONS)<br/>(SEE INSTRUCTIONS)</b></p> |
|------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|

|                  |                                                                                          |
|------------------|------------------------------------------------------------------------------------------|
| <p><b>13</b></p> | <p><b>PERCENT OF CLASS<br/>REPRESENTED BY<br/>AMOUNT IN ROW (11)</b><br/><b>0.1%</b></p> |
|------------------|------------------------------------------------------------------------------------------|

|                  |                                                          |
|------------------|----------------------------------------------------------|
| <p><b>14</b></p> | <p><b>TYPE OF REPORTING<br/>PERSON</b><br/><b>PN</b></p> |
|------------------|----------------------------------------------------------|



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## EXPLANATORY NOTE

This Amendment No. 6 to Schedule 13D (“Amendment No. 6”) amends and supplements the prior statement on Schedule 13D (the “Schedule 13D”) as filed on May 4, 2017, amended on July 19, 2017 (“Amendment No. 2”), further amended on July 27, 2017 (“Amendment No. 3”), further amended on January 2, 2018 (“Amendment No. 4”), and further amended on May 24, 2018 (“Amendment No. 5”). This amendment is being filed by (i) Denver J. Smith, (ii) CRC Founders Fund, LP (iii) Donald E. Smith, (iv) Richard G. Hill, (v) Samuel N. Jurrens, (vi) 73114 Investments, LLC, (vii) Youth Properties, LLC, and (viii) Paratus Capital, LLC who are collectively referred to as the “Reporting Persons”, related to shares of common stock of Innovative Food Holdings, Inc., a Florida Corporation (the “Issuer”), whose principal executive offices are located at 26411 Race Track Rd, Bonita Springs, FL 34135. Each item below amends and supplements the information disclosed under the corresponding item of the Schedule 13D, Amendment No. 2, Amendment No. 3, Amendment No. 4, and Amendment No. 5. Except as indicated herein, the information set forth in the Schedule 13D remains unchanged in all material respects. Unless otherwise indicated, all capitalized terms used herein but not defined shall have the same meanings as set forth in the Schedule 13D.

This Amendment No. 6 is being filed to update the Reporting Persons beneficial ownership in securities of the Issuer. This filing is being made to correct an error in the previous filing made on January 3, 2018. The filing made on January 3, 2018 was mistakenly filed as a form SC 13G/A when in fact it was a form SC 13D/A. All other aspects of the document remain unchanged.

### Item 1.

### Security and Issuer.

There are no amendments to Item 1 of the Schedule 13D pursuant to this Amendment No. 6.

### Item 2.

### Identity and Background.

There are no amendments to Item 2 of the Schedule 13D pursuant to this Amendment No. 6.

### Item 3.

### Source and Amount of Funds or Other Consideration.

There are no amendments to Item 3 of the Schedule 13D pursuant to this Amendment No. 6.

Item 4.

Purpose of Transaction.

There are no amendments to Item 4 of the Schedule 13D pursuant to this Amendment No. 6.

Item 5.

Interest in Securities of the Issuer.

*Item 5 of the Schedule 13D is hereby amended to read in its entirety as follows:*

(a) Please reference pages 2 through 9 of this filing for this information as it pertains to individuals that are part of the filing group. The Reporting Persons, acting collectively as a group, have beneficial ownership of 1,924,774 shares, or 5.70% of the common shares outstanding of the Issuer based on 33,775,306 shares outstanding as given on the first page of the most recently filed 10-Q.

(b) Please reference pages 2 through 9 of this filing for this information.

(c) A list of all transactions in shares of the issuer over the past 60 days has been attached to this Amendment No. 6 as Exhibit A.

(d) Not applicable.

(e) Not applicable.

Item 6. Contracts, Arrangements, Understandings or Relationships with Respect to Securities of the Issuer.

Not applicable

Item 7.

Material to be Filed as Exhibits.

The following has been attached: Exhibit A is a list of all transactions in the Issuer's securities over the last 60 days made by the Reporting persons.



**Page 11 of 12**

**Signatures**

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

Dated: Jan 3, 2019 /s/ Richard G. Hill  
Richard G. Hill

Dated: Jan 3, 2019 /s/ Samuel N. Jurrens  
Samuel N. Jurrens

Dated: Jan 3, 2019 /s/ Donald E. Smith  
Donald E. Smith

Dated: Jan 3, 2019 /s/ Denver J. Smith  
Denver J. Smith

Dated: Jan 3, 2019 Paratus Capital, LLC

By: /s/ Denver J. Smith  
Name: Denver J. Smith  
Title: Chief Strategy  
Officer

Dated: Jan 3, 2019 73114 Investments, LLC

By: /s/ Denver J. Smith  
Name: Denver J. Smith  
Title: Chief  
Investment Officer

Dated: Jan 3, 2019 Youth Properties, LLC

By: /s/ Donald E. Smith  
Name: Donald E. Smith  
Title: Chief Executive  
Officer

Dated: Jan 3, 2019 CRC Founders Fund, LP

By: /s/ Denver J. Smith  
Name: Denver J. Smith  
Title: Lead Manager

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EXHIBIT A

**Transactions In Shares Of The Issuer Within The Last 60 Days**

| <b>Group Member</b> | <b>Action</b>    | <b>Date</b> | <b>Quantity</b> | <b>Avg. Price Per Share</b> |
|---------------------|------------------|-------------|-----------------|-----------------------------|
| Denver J. Smith     | Open Market Sale | 11/21/18    | 7,042           | \$0.50                      |