Edgar Filing: MCCORMICK ROBERT J - Form 4

MCCORMICK Form 4 January 05, 200									
								OMB AF	PROVAL
FORM 4	UNITEDSI	ATES SECURI Wash	TIES AN nington, I			GE CC	OMMISSION	OMB Number:	3235-0287
Check this be if no longer subject to Section 16. Form 4 or	Check this box if no longer subject to Section 16. STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES						ERSHIP OF	Expires: January 31 200 Estimated average burden hours per response 0.	
Form 5 obligations may continue <i>See</i> Instruction 1(b).	Section $17(a)$	ant to Section 16 of the Public Util 30(h) of the Inv	lity Holdi	ng Comp	oany A	Act of 1	935 or Section		
(Print or Type Resp	oonses)								
1. Name and Addro MCCORMICK	ess of Reporting Per ROBERT J	Symbol	Name and T CO BANK		-		i. Relationship of I ssuer (Check	Reporting Pers	
(Last) C/O TRUSTCO COMPANY, 5	(First) (Mide D BANK SARNOUSKI D	(Month/Da 01/04/20	-	nsaction			Director _X Officer (give t elow) PRESIDENT &	title Othe below)	Owner r (specify O BANK
GLENVILLE,	(Street) NY 12302	4. If Amena Filed(Month	dment, Date n/Day/Year)	original			5. Individual or Joi Applicable Line) X_ Form filed by Ou Form filed by Mo Person	ne Reporting Per	rson
(City)	(State) (Zij	^{p)} Table	I - Non-De	rivative Se	curitie		red, Disposed of,	or Beneficiall	v Owned
		2A. Deemed	3.	4. Securit on(A) or Dis (Instr. 3, 4)	ies Aco sposed	quired of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
COMMON STOCK)1/04/2005		G	10,654		\$ 13.51	302,496	I	BY TRUST

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. 6. Date Exercisable a onNumber Expiration Date of (Month/Day/Year) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Date	7. Title Amoun Underly Securiti (Instr. 3	nt of ying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title I	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
1 5	Director	10% Owner	Officer	Other			
MCCORMICK ROBERT J C/O TRUSTCO BANK COMPANY 5 SARNOUSKI DR GLENVILLE, NY 12302			PRESIDENT & CEO TRUTCO BANK				
Signatures							
ROBERT T. CUSHING, BY POWER ATTORNEY	OF		01/04/2005				
**Signature of Reporting Person			Date				

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Remarks:

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ADDITIONAL SHARES ACQUIRED BY REPORTING PERSON'S PARTICIPATION IN DIVIDEND REINVESTMENT

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.