Mayer Kevin E. Form 4 January 17, 2019

FORM 4

Form 5

obligations

may continue.

See Instruction

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Mayer Kevin E.		ng Person *	2. Issuer Name and Ticker or Trading Symbol BJs RESTAURANTS INC [BJRI]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check all applicable)		
7755 CENTER 300	AVENUE,	SUITE	(Month/Day/Year) 01/15/2019	Director 10% OwnerX Officer (give title Other (specify below) ExecVP/Chief Marketing Officer		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
HUNTINGTO	N BEACH,	CA 92647	Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City)	(State) ((Zip) Table	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Common Stock	01/15/2019	01/15/2019	A	1,410 (1)	A	\$ 53.22	5,685	D	
Common Stock	01/15/2019	01/15/2019	F	238 (2)	D	\$ 53.22	5,447	D	
Common Stock	01/15/2019	01/15/2019	F	158 (2)	D	\$ 53.22	5,289	D	
Common Stock	01/15/2019	01/15/2019	F	248 (2)	D	\$ 53.22	5,041 (3)	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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5. Number

6. Date Exercisable and

SEC 1474 (9-02)

7. Title and Amour

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	(Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transactic Code (Instr. 8)	Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration Dat (Month/Day/Y		Underlying S (Instr. 3 and	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Num of Share
Non-Qualified Stock Options	\$ 53.22	01/15/2019	01/15/2019	A	4,771 (4)	01/15/2020	01/15/2029	Common Stock	4,7

Reporting Owners

Relationships Reporting Owner Name / Address

3. Transaction Date 3A. Deemed

Other Director 10% Owner Officer

01/17/2019

ExecVP/Chief Marketing Officer

Mayer Kevin E.

1. Title of

7755 CENTER AVENUE

SUITE 300

HUNTINGTON BEACH, CA 92647

Signatures

/s/ Jacob J. Guild, Attorney-in-Fact for Kevin E. Mayer

> **Signature of Reporting Person Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- These shares represent a Restricted Stock Unit award vesting in three equal installments beginning on January 15, 2020. Each Restricted Stock Unit represents a contingent right to receive one share of the Issuer's common stock.
- (2) Shares withheld by the Registrant to satisfy minimum statutory withholding requirements on vesting of Restricted Stock Units.
- (3) Amount includes 4,084 of unvested Restricted Stock Units.
- (4) These stock options vest 33.3% per year beginning on January 15, 2020.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 2

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