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McLoughlin	Karen									
Form 4	2010									
January 03, 2	_									
FORM	14 UNITED	STATES			AND EX(, D.C. 20:		NGE C	OMMISSION	OMB Number:	PROVAL 3235-0287
Check th	vva	sington	, D.C. 20.	549				January 31,		
if no long subject to Section 1 Form 4 c	5. SECURITIES								Expires: 200 Estimated average burden hours per response 0.	
Form 5 obligatio may con <i>See</i> Instr 1(b).	tinue. Section 17	(a) of the	Public U	tility Hol		ipany	Act of	e Act of 1934, 1935 or Section 0	1	
(Print or Type]	Responses)									
1. Name and A McLoughlin	2. Issuer Name and Ticker or Trading Symbol COGNIZANT TECHNOLOGY SOLUTIONS CORP [CTSH]				-	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last)	(First) (Middle)	3. Date of Earliest Transaction					Director		Owner
	NT TECHNOLO NS CORP., 500 F BLVD.		(Month/E 01/01/2	-				XOfficer (give below) Chief I	title <u>U</u> Othe below) Financial Office	r (specify er
			endment, Date Original nth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
TEANECK	, NJ 07666							Form filed by M Person	lore than One Re	porting
(City)	(State)	(Zip)	Tabl	e I - Non-I	Derivative S	Securi	ities Acqu	uired, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date any (Month/Day/Y		n Date, if	Date, if Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5)				5. Amount of Securities Beneficially Owned Following	OwnershipIForm: DirectE(D) orCIndirect (I)(I	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	
Class A Common Stock	01/01/2019			М	19,433 (1)	A	\$ 0	72,103	D	
Class A Common Stock	01/01/2019			F	8,049 (2)	D	\$ 63.48	64,054	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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information contained in this form are not
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(9-02)

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amo Underlying Secu (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable Exp	piration Date	Title	An or Nu of \$
Restricted Stock Units	\$ 0 <u>(3)</u>	01/01/2019		М	19,433	01/01/2019(4) 01	/01/2019(4)	Class A Common Stock	19

Reporting Owners

Reporting Owner Name / Address	Relationships				
r g a a a a a a a	Director	10% Owner	Officer	Other	
McLoughlin Karen COGNIZANT TECHNOLOGY SOLUTIONS CORP. 500 FRANK W. BURR BLVD. TEANECK, NJ 07666			Chief Financial Officer		
Signatures					
/s/ Harry Demas, on behalf of Karen McLoughlin, by Pov Attorney	wer of	01/03	8/2019		

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Represents the number of shares of Class A Common Stock of Cognizant Technology Solutions Corporation (the "Company") received
 (1) from the vesting of 2/3rds of the performance-based restricted stock unit ("PSU") award granted to the reporting person under the Cognizant Technology Solutions Corporation 2009 Incentive Compensation Plan on February 16, 2016.
- (2) Represents the portion of shares of Class A Common Stock that the Company determined to settle in cash to pay applicable tax withholding.
- (3) Each restricted stock unit represents a contingent right to receive one share of the Company's Class A Common Stock.

The PSUs were granted on February 16, 2016 under the Cognizant Technology Solutions Corporation 2009 Incentive Compensation Plan. In accordance with the PSU award agreement, 1/3rd of the PSUs were vested and issuable on July 1, 2018, provided that the

(4) Train in accordance with the FSO award agreement, 1/3rd of the FSOs were vested and issuable on July 1, 2018, provided that the reporting person remained in the Company's service through such date. The remaining 2/3rds of the PSUs were vested and issuable on January 1, 2019, provided that the reporting person remained in the Company's service through such date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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