Ledwith Lon Form 4 September 10, 2018

# FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

**SECURITIES** 

**OMB APPROVAL** OMB

Washington, D.C. 20549 Check this box STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

3235-0287 Number: January 31, Expires: 2005

if no longer subject to Section 16. Form 4 or Form 5

obligations

Estimated average burden hours per 0.5 response...

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

may continue. See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Ledwith Lon			2. Issuer Name <b>and</b> Ticker or Trading Symbol BJs RESTAURANTS INC [BJRI]	5. Relationship of Reporting Person(s) to Issuer  (Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check all applicable)		
			(Month/Day/Year)	Director 10% Owner		
7755 CENTER AVENUE, SUITE		SUITE	09/07/2018	X Officer (give title Other (specify below)		
300				Executive VP, Operations		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
			Filed(Month/Day/Year)	Applicable Line)		
HUNTINGTO	N BEACH,	CA 92647		_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City)	(State)	Zip) Table	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired saction(A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
Common Stock	09/07/2018	09/07/2018	M	2,624	A	\$ 29.88	10,913	D	
Common Stock	09/07/2018	09/07/2018	S	2,624	D	\$ 75.44	8,289	D	
Common Stock	09/07/2018	09/07/2018	M	3,176	A	\$ 33.65	11,465	D	
Common Stock	09/07/2018	09/07/2018	S	3,176	D	\$ 75.44	8,289	D	
Common Stock	09/07/2018	09/07/2018	M	2,931	A	\$ 37.03	11,220	D	

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Common Stock	09/07/2018	09/07/2018	S	2,931	D	\$ 75.44	8,289	D
Common Stock	09/07/2018	09/07/2018	M	2,480	A	\$ 45.32	10,769	D
Common Stock	09/07/2018	09/07/2018	S	2,480	D	\$ 75.44	8,289 (1)	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour Underlying Securit (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Num of Share
Non-Qualified Stock Options	\$ 33.65	09/07/2018	09/07/2018	M	3,176	01/02/2014	01/02/2023	Common Stock	3,1
Non-Qualified Stock Options	\$ 29.88	09/07/2018	09/07/2018	M	2,624	01/15/2015	01/15/2024	Common Stock	2,6
Non-Qualified Stock Options	\$ 45.32	09/07/2018	09/07/2018	M	2,480	01/04/2013	01/04/2022	Common Stock	2,4
Non-Qualified Stock Options	\$ 37.03	09/07/2018	09/07/2018	M	2,931	12/29/2011	12/29/2020	Common Stock	2,9

## **Reporting Owners**

Reporting Owner Name / Address

Director 10% Owner Officer Other

Ledwith Lon 7755 CENTER AVENUE SUITE 300 HUNTINGTON BEACH, CA 92647

Executive VP, Operations

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Date

### **Signatures**

/s/ Jacob J. Guild, Attorney-in-Fact for Lon F.
Ledwith 09/10/2018

\*\*Signature of Reporting Person

#### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Amount includes 3,781 of unvested Restricted Stock Units.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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