QEP RESOURCES, INC.

Form 4

February 18, 2016

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

5. Relationship of Reporting Person(s) to

Issuer

Persons who respond to the collection of

information contained in this form are not

required to respond unless the form

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005
Estimated average

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

burden hours per response... 0.5

OMB APPROVAL

See Instruction 1(b).

1(0).

Murr Austin S

(Print or Type Responses)

1. Name and Address of Reporting Person *

Murr Austin S.			Symbol QEP RESOURCES, INC. [QEP]				EP1	ISSUCI			
(Last)	(First)	(Middle)	(Check all applicable) 3. Date of Earliest Transaction					ole)			
1050 17711 0771577 011775 000			(Month/Day/Year)					Director X_ Officer (give title		10% Owner Other (specify	
1050 17TH STREET, SUITE 800			02/16/2016					below) below) Senior VP			
(Street) 4. If An				If Amendment, Date Original				6. Individual or Joint/Group Filing(Check			
Filed(DENVER, CO 80265				Filed(Month/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)									
(City)	(State)	(Zip)	Tab		Derivative	Secui	rities Acq	uired, Disposed	of, or Benefic	ially Owned	
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)		Date, if Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5)			5. Amount of Securities Ownership Indirect Beneficially Form: Benefici Owned Direct (D) Ownersh Following or Indirect (Instr. 4) Reported (I)					
				Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)	(Instr. 4)		
Common Stock	02/16/2016			A	25,346	A	\$ 10.12	103,720	D		
Common Stock								1,000	I	IRA	
Common Stock								3,203.636	I	Employee Investment Plan	
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.											

SEC 1474

(9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of or Derivative Securities Acquired (A) or Disposed or (D) (Instr. 3, 4, and 5)	Expiration Da (Month/Day/Y	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Phantom Stock Units	\$ 0	02/16/2016		A	21,344	<u>(1)</u>	<u>(1)</u>	Phantom Stock Units	21,34	
Stock Option	\$ 10.12	02/16/2016		A	17,764	(2)	02/16/2023	Common Stock	17,76	
Phantom Stock Units	\$ 0					(3)	(3)	Phantom Stock Units	2,667.12	
Stock Option	\$ 23.98					03/05/2012	03/05/2016	Common Stock	25,00	
Stock Option	\$ 27.55					03/05/2013	03/05/2017	Common Stock	12,000	
Stock Option	\$ 39.07					03/05/2014	02/25/2018	Common Stock	7,531	
Stock Option	\$ 30.9					03/05/2015	02/13/2019	Common Stock	11,430	
Stock Option	\$ 30.12					<u>(4)</u>	02/13/2020	Common Stock	11,96	
Stock Option	\$ 31.74					<u>(5)</u>	02/13/2021	Common Stock	9,991	
Stock Option	\$ 21.69					<u>(6)</u>	02/12/2022	Common Stock	19,680	

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Murr Austin S.			Senior VP				
1050 17TH STREET							

Reporting Owners 2

SUITE 800 DENVER, CO 80265

Signatures

/s/ Dane E. Allen, Attorney in Fact

02/18/2016

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These phantom stock units are associated with QEP's Cash Incentive Plan.
- (2) The option vests in three annual installments beginning on March 5, 2017, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
 - Phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) distribution election date which is not earlier than two years from the plan year (ii) separation from service from QEP (subject
- (3) to 6-month delay if necessary to comply with IRC 409A), (iii) death or (iv) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan. This total includes shares attributable to the 401(k) supplemental program of the Deferred Compensation Wrap Plan. Consequently, share totals may change without any visible activity.
- (4) The option vests in three annual installments beginning on March 5, 2014, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- (5) The option vests in three annual installments beginning on March 5, 2015, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.
- (6) The option vests in three annual installments beginning on March 5, 2016, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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