TOWN SPORTS INTERNATIONAL HOLDINGS INC Form 3 October 13, 2015 UNITED STATES SECURITIES AND EXCHANGE COMMISSION OMB APPROVAL FORM 3 Washington, D.C. 20549 OMB

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person <u>*</u> Ryan Michelle			2. Date of Event R Statement (Month/Day/Year) 10/12/2015	TOWN SI	 3. Issuer Name and Ticker or Trading Symbol TOWN SPORTS INTERNATIONAL HOLDINGS INC [CLUB] 					
(Last)	(First)	(Middle)	10/12/2013	nip of Reporting Issuer			ndment, Date Original hth/Day/Year)			
5 PENN PLA	AZA									
NEW YORK	(Street) X, NY 10	0001		Directo X Office (give title belo		Owner I Owner I Ow) I er -	Filing(Cho _X_ Form Person	ual or Joint/Group eck Applicable Line) filed by One Reporting filed by More than One Person		
(City)	(State)	(Zip)	Ta	ble I - Non-Deriva	on-Derivative Securities Beneficially Owned					
1.Title of Secur (Instr. 4)	ity		Ber	Amount of Securities neficially Owned str. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Natu Owners (Instr. 5	ship	rect Beneficial		
Reminder: Repo owned directly o	-	te line for ea	ch class of securitie	es beneficially	SEC 1473 (7-02	.)				
т	informa require current	ation conta ed to respo tly valid OI	pond to the colle ained in this form nd unless the for MB control numb	n are not rm displays a	s worrants and	tions co	nvortiblo	cognition)		
1		vauve Secu	Thes Denencially C	Jwneu (e.g., puts, can	s, warrants, opt		iivei tibie	securities)		
1. Title of Deriv (Instr. 4)	vative Security	Expir	te Exercisable and ration Date (Day/Year)	3. Title and Amount Securities Underlying Derivative Security			nership m of	6. Nature of Indirect Beneficial Ownership (Instr. 5)		

(Instr. 4)

Expiration Title

Date

Date

Exercisable

Price of

Security

Amount or

Number of

Shares

Derivative

Derivative

Security:

Direct (D)

or Indirect

(I)

January 31, Expires: 2005 Estimated average burden hours per response... 0.5

(Instr. 5)

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Ryan Michelle 5 PENN PLAZA NEW YORK, NY 10001	Â	Â	Chief Marketing Officer	Â			
Signatures							
/s/ Kieran Sikso, Attorney-in-Fact	10)/13/2015					
**Signature of Reporting Person		Date					

Explanation of Responses:

No securities are beneficially owned

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

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Remarks:

No securities are beneficially owned. Exhibit List: Exhibit 24, Power of Attorney

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.