Edgar Filing: Fritch Herbert A - Form 4

Fritch Herber	rt A									
Form 4	2010									
December 29									PPROVAL	
FORM	RITIES AND EXCHANGE COMMISSION shington, D.C. 20549			COMMISSION	OMB OMB Number:	3235-0287				
Check thi if no long subject to Section 1 Form 4 or Form 5 obligation may cont <i>See</i> Instru 1(b).	6. r Filed pursuant sinue. Section 17(a) of	OF CHAN to Section the Public U	F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Section 16(a) of the Securities Exchange Act of 1934, Public Utility Holding Company Act of 1935 or Section of the Investment Company Act of 1940					Expires:January 31, 2005Estimated average burden hours per response0.5		
(Print or Type F	Responses)									
Fritch Herbert A Symbol			er Name and Ticker or Trading Spring, Inc. [HS]				5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (Middle)	3. Date of	of Earliest Tra	nsaction			(Check	k all applicable	;)	
			nth/Day/Year) 27/2010			X Director 10% Owner X Officer (give title Other (specify below) below) Chairman & CEO				
(Street) 4. If Am			nendment, Date Original			6. Individual or Joint/Group Filing(Check				
FRANKLIN					Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State) (Zip)	Tab	le I - Non-De	rivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date 2A. (Month/Day/Year) Exec any (Mo	Deemed	3. Transaction Code	4. Securi (A) or Di (Instr. 3,	ties A spose 4 and (A) or	cquired d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial	
Common Stock	12/27/2010		2	2,500 (1)	D	\$ 26.17	2,608,302	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	;	ate	7. Title Amoun Underl Securi (Instr.	nt of lying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Own Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	1	Relationships							
	Director	10% Owner	Officer	Other					
Fritch Herbert A 9009 CAROTHERS PARKWA SUITE 501 FRANKLIN, TN 37067	Y X		Chairman & CEO						
Signatures									
/s/ Herbert A. Fritch 12/	/29/2010								
**Signature of	Date								

Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 entry were effected pursuant to a 10b5-1 trading plan adopted by the reporting person on November 1, 2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.