

Tellez Omar
Form 4
March 24, 2010

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
Tellez Omar

2. Issuer Name and Ticker or Trading Symbol
SYNCHRONOSS
TECHNOLOGIES INC [SNCR]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
750 ROUTE 202, SUITE 600
(Street)

3. Date of Earliest Transaction (Month/Day/Year)
03/24/2010

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
Executive Vice President

BRIDGEWATER, NJ 08807

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	(A) or (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	Price		
Common Stock	03/24/2010		M		15,000	\$ 6.95	D	
Common Stock	03/24/2010		S		6,600	\$ 20.18	D	
Common Stock	03/24/2010		S		100	\$ 20.19	D	
Common Stock	03/24/2010		S		200	\$ 20.2	D	
Common Stock	03/24/2010		S		500	\$ 20.22	D	

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Common Stock	03/24/2010	S	600	D	\$ 20.23	14,198	D
Common Stock	03/24/2010	S	1,174	D	\$ 20.24	13,024	D
Common Stock	03/24/2010	S	3,300	D	\$ 20.25	9,724	D
Common Stock	03/24/2010	S	600	D	\$ 20.27	9,124	D
Common Stock	03/24/2010	S	100	D	\$ 20.28	9,024	D
Common Stock	03/24/2010	S	200	D	\$ 20.29	8,824	D
Common Stock	03/24/2010	S	200	D	\$ 20.3	8,624	D
Common Stock	03/24/2010	S	300	D	\$ 20.31	8,324	D
Common Stock	03/24/2010	S	300	D	\$ 20.38	8,024	D
Common Stock	03/24/2010	S	426	D	\$ 20.39	7,598	D
Common Stock	03/24/2010	S	200	D	\$ 20.4	7,398	D
Common Stock	03/24/2010	S	100	D	\$ 20.41	7,298	D
Common Stock	03/24/2010	S	100	D	\$ 20.42	7,198	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code	V	(A)	(D)	Date Exercisable	Title

						Expiration Date	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 6.95	03/24/2010	M	15,000	07/03/2007 ⁽¹⁾	07/25/2016	Common Stock 15,000

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Tellez Omar 750 ROUTE 202 SUITE 600 BRIDGEWATER, NJ 08807			Executive Vice President	

Signatures

/s/ Omar Tellez 03/24/2010

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
The option shall become exercisable with respect to the first 25 percent of the shares subject to the option when the Reporting Person (1) completes 12 months of continuous service after July 3, 2006. The option shall become exercisable with respect to an additional 1/48th of the shares subject to the option when the Reporting Person completes each month of continuous service thereafter.

Remarks:

All of the sales reported on this Form were effected pursuant to an approved Rule 10b5-1 trading plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.