DSOUZA FRANCISCO

Form 4

March 31, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

0.5

Estimated average burden hours per

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Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

Stock

(Print or Type Responses)

1. Name and A	2. Issuer Name and Ticker or Trading Symbol COGNIZANT TECHNOLOGY					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
	SOLUTIONS CORP [CTSH]					(Check an applicable)					
(Last)	(First) (N	Middle)	3. Date of Earliest Transaction			Director 10% Owner X Officer (give title Other (specify					
C/O COGNIZANT TECHNOLOGY SOLUTIONS CORP., 500			(Month/Day/Year) 03/29/2005					below) below) Chief Operating Officer			
GLENPOINTE CENTRE WEST											
	4. If Amendment, Date Original					6. Individual or Joint/Group Filing(Check					
	Filed(Mon	Filed(Month/Day/Year)					Applicable Line) _X_ Form filed by One Reporting Person				
TEANECK, NJ 07666 (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned					porting						
(City)	(State)	(Zip)	Tabl	le I - Non-I	Derivative	Securi	ities Acq	uired, Disposed of	f, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)			Code (Instr. 3, 4 and 5)				5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code V	Amount	or (D)	Price	Transaction(s) (Instr. 3 and 4)			
Class A Common Stock	03/29/2005			M	28,268		\$ 4.729	84,142	D		
Class A Common Stock	03/29/2005			S	516 (1)	D	\$ 46.02	84,142	D		
Class A Common	03/29/2005			S	1,000 (1)	D	\$ 46.01	84,142	D		

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Class A

26,752 D S \$ 46 Common 03/29/2005 84,142 D

Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of or Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
CI. A				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Class A Common Stock Option (Right to	\$ 4.729	03/29/2005		M	28	8,268	03/29/2002	03/29/2011	Class A Common Stock	28,268

Reporting Owners

Relationships Reporting Owner Name / Address Director 10% Owner Officer Other

DSOUZA FRANCISCO C/O COGNIZANT TECHNOLOGY SOLUTIONS CORP. 500 GLENPOINTE CENTRE WEST TEANECK, NJ 07666

Chief Operating Officer

Signatures

Buy) (2)

/s/ Francisco 03/31/2005 D'Souza

Date **Signature of Reporting Person

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Such shares were sold pursuant to a Rule 10b5-1 Sales Plan.
 - Such options were granted on March 29, 2001 pursuant to the Company's 1999 Incentive Compensation Plan, as amended. Such options
- (2) vest as follows: 20% on March 29, 2002; 20% on March 29, 2003; 30% on March 29, 2004; and 30% on March 29, 2005. The Date Exercisable above reflects the first anniversary date of such option.
- (3) Includes multiple option grants with different exercise prices and vesting dates.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.