#### LENEHAN PAMELA F

Form 4

November 09, 2005

### FORM 4

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB

Check this box if no longer subject to

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

3235-0287 Number: January 31, Expires:

2005

**OMB APPROVAL** 

Section 16. Form 4 or Form 5

**SECURITIES** 

Estimated average burden hours per response... 0.5

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *LENEHAN PAMELA F			2. Issuer Name <b>and</b> Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer		
			AVID TECHNOLOGY INC [AVID]	(Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction			
22 PHEASANT LANDING ROAD			(Month/Day/Year) 11/07/2005	X_ Director 10% Owner Officer (give title below) Other (specify below)		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person		
NEEDHAM, MA 02492				Form filed by More than One Reporting Person		

(City	7)	(State)	(Zip) Tabl	le I - Non-I	Derivative	Securi	ties Acqu	ired, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	(A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Commo	on	11/07/2005		M	10,000	A		10,000	D	
Commo Stock	on	11/07/2005		S	1,200	D	\$ 51.56	8,800	D	
Commo Stock	on	11/07/2005		S	200	D	\$ 51.55	8,600	D	
Commo Stock	on	11/07/2005		S	100	D	\$ 51.53	8,500	D	
Commo Stock	on	11/07/2005		S	1,250	D	\$ 51.51	7,250	D	
		11/07/2005		S	200	D	\$ 51.5	7,050	D	

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Common Stock							
Common Stock	11/07/2005	S	150	D	\$ 51.42	6,900	D
Common Stock	11/07/2005	S	300	D	\$ 51.4	6,600	D
Common Stock	11/07/2005	S	400	D	\$ 51.39	6,200	D
Common Stock	11/07/2005	S	100	D	\$ 51.38	6,100	D
Common Stock	11/07/2005	S	400	D	\$ 51.37	5,700	D
Common Stock	11/07/2005	S	1,100	D	\$ 51.36	4,600	D
Common Stock	11/07/2005	S	600	D	\$ 51.35	4,000	D
Common Stock	11/07/2005	S	4,000	D	\$ 51.3	0	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and A Underlying So (Instr. 3 and 4
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title
Non-Qualified Stock Options (right to buy)	\$ 9.96	11/07/2005		M	10,000	05/22/2002(1)	05/22/2008	Common Stock

## **Reporting Owners**

#### Relationships

Reporting Owner Name / Address

 $\begin{array}{ccc} \text{Director} & \frac{10\%}{\text{Owner}} & \text{Officer} & \text{Other} \end{array}$ 

LENEHAN PAMELA F 22 PHEASANT LANDING ROAD X NEEDHAM, MA 02492

## **Signatures**

Pamela Lenehan 11/07/2005

\*\*Signature of Reporting Person Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The options is fully exercisable on the date of grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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