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CRACKER BARREL OLD COUNTRY STORE, INC

Form 4

September 19, 2016

FORM 4 INITED STATES SECURITIES AND EXCHANGE COMMISSION						OMB APPROVAL				
	UNITED	STATES	SECURITIES AND EXCHANGE OF Washington, D.C. 20549	OMB Number:	3235-0287					
Check this box if no longer					Expires:	January 31,				
subject to Section 16. Form 4 or	subject to Section 16. Form 4 or					2005 verage s per 0.5				
obligations may continue. See Instruction 1(b).	may continue. See Instruction See Instruction See Instruction See Instruction Section 17(a) of the Public Offinity Holding Company Act of 1933 of Section 30(h) of the Investment Company Act of 1940									
(Print or Type Respor	nses)									
(Print or Type Responses) 1. Name and Address of Reporting Person * Flanagan Nicholas V		Person *	2. Issuer Name and Ticker or Trading Symbol CRACKER BARREL OLD COUNTRY STORE, INC [CBRL]	5. Relationship of I Issuer (Check	Reporting Person	`,				
	(Last) (First) (Middle) 305 HARTMANN DRIVE (Street) LEBANON, TN 37087		3. Date of Earliest Transaction (Month/Day/Year) 09/15/2016	DirectorX_ Officer (give title below) Sr. VP Restaurant &		Owner (specify Ops				
`			Filed(Month/Day/Year) Applicable _X_ Form		dual or Joint/Group Filing(Check e Line) filed by One Reporting Person filed by More than One Reporting					
(City)	State)	(Zip)	Table I - Non-Derivative Securities Acq	uired, Disposed of,	or Beneficially	y Owned				

(City)	(State) (Table Table	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		
Common Stock	09/15/2016		A	4,071 (1)	A	\$0	21,498	D	
Common Stock	09/15/2016		D	1,114 (2)	D	\$ 140.2	20,384	D	
Common Stock	09/15/2016		A	2,092 (3)	A	\$0	22,476	D	
Common Stock	09/15/2016		D	834 (4)	D	\$ 140.2	21,642	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Title	and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orNumber	Expiration Da	ate	Amour	nt of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underl	ying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securit	ties	(Instr. 5)	Bene
	Derivative				Securities			(Instr. :	3 and 4)		Owne
	Security				Acquired						Follo
	•				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									A		
									Amount		
						Date	Expiration		or		
						Exercisable	Date		Number		
				G 1 W	(A) (D)				of		
				Code V	(A) (D)				Shares		

Reporting Owners

Relationships Reporting Owner Name / Address

> Director 10% Owner Officer Other

Flanagan Nicholas V 305 HARTMANN DRIVE LEBANON, TN 37087

Sr. VP Restaurant & Retail Ops

Signatures

Nicholas V. Flanagan by Michael J. Zylstra, Attorney-in-fact

09/19/2016

**Signature of Reporting Person

Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Award based on 2-year performance requirements and the certification by the Compensation Committee of achievement of those requirements under the FY15 Long-Term Performance Plan.
- (2) Represents shares deducted to satisfy federal tax withholding obligations on the granting of the award disclosed in row one of this table.
- Award of market-based stock units based on 3-year performance requirements and the certification by the Compensation Committee of achievement of those requirements under the FY14 Market Stock Unit Plan.
- (4) Represents shares deducted to satisfy federal tax withholding obligations on the granting of the award disclosed in row three of this table. Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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