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Form 4	-											
March 26, 20	4 UNITE	UNITED STATES SECURITIES AND EXCHANGE COMMISSION								OMB APPROVAL OMB 3235-0287 Number:		
Check this if no long subject to Section 16 Form 4 or Form 5 obligation may conti <i>See</i> Instru 1(b).	Filed p s nue.	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section							burden hour response	January 31, es: 2005 lated average en hours per		
(Print or Type R	esponses)											
RYDLUND PAUL Symbo			Symbol					5. Relationship of Reporting Person(s) to Issuer				
(I t)	(F :	(M: 141.)	DUSTRIES INC [LXU]				(Check all applicable)					
(Month/D 16 SOUTH PENNSYLVANIA AVENUE (Street) 4. If Amer			tte of Earliest Transaction hth/Day/Year) :4/2010				Director X Officer (give below) Senior					
			nendment, Date Original onth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person					
OKLAHOM	A CITY, OK 7	73107						Form filed by M Person				
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned		
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Yea	ar) Executio any	med n Date, if Day/Year)	3. Transactio Code (Instr. 8) Code V	(Instr. 3,	spose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
Common Stock	03/24/2010			S	3,630 (3)	D		2,870	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. ofNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration D (Month/Day e	Expiration Date		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Incentive Stock Option (1)	\$ 2.73					<u>(1)</u>	09/29/2011	Common Stock	3,500	
Incentive Stock Option (2)	\$ 5.1					(2)	11/17/2015	Common Stock	8,000	

Reporting Owners

Reporting Owner Name / Address		Relationships						
Troporting of the	reporting o mer rune / runess			Officer	Other			
	RYDLUND PAUL 16 SOUTH PENNSYLVANIA AVENUE OKLAHOMA CITY, OK 73107			Senior Vice President				
Signatures								
Paul Rydlund	03/25/2010							
**Signature of	Date							

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Incentive Stock Options ("ISO") granted by the Issuer to the reporting person under the Issuer's incentive stock option plan. Each ISO allows the purchase of shares of the Issuer's common stock upon the exercise thereof. Each ISO is for a period of ten years from the date of grant, and each ISO became fully vested on or prior to December 31, 2005. As of the date of this report, the total number of shares underlying this ISO is 3,500.

ISO granted on November 17, 2005, by the Issuer to the reporting person under the Issuer's incentive stock option plan. The ISO is for a(2) term of ten years and vests at the end of years one through four in the following amounts: 20%, 20%, 30%, and 30%. The ISO will be fully vested at the end of year four. As of the date of this report, the total number of shares underlying the ISO is 8,000.

The price reported is a weighted average price. The shares were sold in multiple transactions at prices per share ranging from \$15.50 to \$15.59, inclusive. The reporting person undertakes to provide the staff of the Securities and Exchange Commission, LSB Industries, Inc.,

(3) or any security holder of LSB Industries, Inc., upon request, full information regarding the number of shares sold at each separate price within the range set forth above.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Person

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