

JARUS SCOTT M
Form 4
October 22, 2004

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

Check this box
if no longer
subject to
Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

OMB APPROVAL

OMB
Number: 3235-0287
Expires: January 31,
2005
Estimated average
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(Print or Type Responses)

1. Name and Address of Reporting Person *
JARUS SCOTT M

2. Issuer Name **and** Ticker or Trading
Symbol

J2 GLOBAL COMMUNICATIONS
INC [JCOM]

5. Relationship of Reporting Person(s) to
Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction
(Month/Day/Year)
10/21/2004

____ Director ____ 10% Owner
____X____ Officer (give title ____ Other (specify
below) below)
President

C/O J2 GLOBAL
COMMUNICATIONS, INC., 6922
HOLLYWOOD BLVD., STE. 500

(Street)

4. If Amendment, Date Original
Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check
Applicable Line)
____X____ Form filed by One Reporting Person
____ Form filed by More than One Reporting
Person

LOS ANGELES, CA 90028

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock, \$0.01 par value	10/21/2004		S	48,147 D	\$ 30.5 20,967	D	
Common Stock, \$0.01 par value	10/21/2004		S	100 D	\$ 30.52 20,967	D	
Common Stock,	10/21/2004		S	400 D	\$ 20,967	D	
					30.56		

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\$0.01 par value

Common Stock, \$0.01 par value

10/21/2004

S

400

D

\$ 30.57

20,967

D

Common Stock, \$0.01 par value

10/21/2004

S

1,200

D

\$ 30.51

20,967

D

Common Stock, \$0.01 par value

10/21/2004

S

14,607

D

\$ 30.6

20,967

D

Common Stock, \$0.01 par value

10/21/2004

S

1,900

D

\$ 30.63

20,967

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable Expiration Date	Title Amount or Number of Shares
Option to purchase Common Stock ⁽¹⁾	\$ 2	10/21/2004		X	30,000	05/08/2004 05/08/2014	Common Stock, \$0.01 par value 30,000

Reporting Owners

Reporting Owner Name / Address

Relationships

Reporting Owners

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Director 10% Owner Officer Other

JARUS SCOTT M
C/O J2 GLOBAL COMMUNICATIONS, INC.
6922 HOLLYWOOD BLVD., STE. 500
LOS ANGELES, CA 90028

President

Signatures

/s/ Scott M.

10/22/2004

Jarus

Signature of
Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Employee stock option granted for services rendered, no value placed on services rendered.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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