Edgar Filing: Bender Kevin - Form 4

Bender Kevi	n										
Form 4											
January 23, 2	2006										
FORM	14						NGEG		OMB AF	PROVAL	
	UNITED	STATES		RITIES A shington,			ANGE C	OMMISSION	OMB Number:	3235-0287	
Check th if no long	Ter								Expires:	January 31, 2005	
subject to STATEMENT OF CHAN			GES IN BENEFICIAL OWNERSHIP O					Estimated average			
Section 16.				SECURITIES					burden hours per		
Form 4 o Form 5		sucret to S	Santian 1	6(a) of the	o Coorrie	tion T	response 0.5				
obligatio	-						-	Act of 1934, 1935 or Section			
may cont	inue.			vestment	•	· ·	•		L		
See Instru 1(b).	uction	00(11)			Compu	- ,		~			
(Print or Type I	Responses)										
Bender Kevin Symbol AMERI			uer Name and Ticker or Trading			0	5. Relationship of Reporting Person(s) to Issuer				
			AMERI	ERICAN RIVER [KSHARES [AMRB]				(Check all applicable)			
(Last)	(First) (Middle)		f Earliest Tr	-			Director	10%	Owner	
			(Month/E	Day/Year)				X Officer (give below)	title Othe below)	r (specify	
1003 MOONLIT WAY 01/23/2			01/23/2	2006				EVP & CIO			
(Street) 4. If Ame			endment, Date Original				6. Individual or Joint/Group Filing(Check				
			Filed(Mor	nth/Day/Year	.)			Applicable Line) _X_ Form filed by O Form filed by M			
FOLSOM, O	CA 95630-7506							Person		6	
(City)	(State)	(Zip)	Tabl	e I - Non-E	Derivative	Secu	rities Acqu	iired, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		n Date, if	3. Transactio Code (Instr. 8)	4. Securi n(A) or Di (Instr. 3,	spose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
~				Code V	Amount	(D)	Price	(Instr. 3 and 4)			
Common Stock	01/23/2006			М	5,000	А	\$ 8.0317	11,422	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactiv Code (Instr. 8)	onof Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount o Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Option/right to buy	\$ 8.0317	01/23/2006		Х		5,000	11/17/2004	11/17/2009	Common Stock	0

Reporting Owners

Reporting Owner Name / Addre	SS	Relationships								
	Director	10% Owner	Officer	Other						
Bender Kevin 1003 MOONLIT WAY FOLSOM, CA 95630-7506			EVP & CIO							
Signatures										
/s/ KEVIN B. BENDER	01/23/2006	5								
<u>**</u> Signature of Reporting Person	Date									

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.