

TOWN SPORTS INTERNATIONAL HOLDINGS INC

Form 3

August 09, 2007

FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *

Ruta Christopher

(Last) (First) (Middle)

5 PENN PLAZA

(Street)

NEW YORK, NY 10001

(City) (State) (Zip)

2. Date of Event Requiring Statement

(Month/Day/Year)
08/06/2007

3. Issuer Name and Ticker or Trading Symbol

TOWN SPORTS INTERNATIONAL HOLDINGS INC
[CLUB]

4. Relationship of Reporting Person(s) to Issuer

5. If Amendment, Date Original Filed(Month/Day/Year)

(Check all applicable)

____ Director ____ 10% Owner
☒ Officer ____ Other
 (give title below) (specify below)
 SVP Sales & Operations

6. Individual or Joint/Group

Filing(Check Applicable Line)

☒ Form filed by One Reporting Person☐ Form filed by More than One Reporting Person**Table I - Non-Derivative Securities Beneficially Owned**1. Title of Security
(Instr. 4)2. Amount of Securities Beneficially Owned
(Instr. 4)3. Ownership Form:
Direct (D)
or Indirect (I)
(Instr. 5)4. Nature of Indirect Beneficial Ownership
(Instr. 5)

Common Stock

300

D

A

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

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Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)1. Title of Derivative Security
(Instr. 4)2. Date Exercisable and Expiration Date
(Month/Day/Year)

Date Exercisable Expiration Date

3. Title and Amount of Securities Underlying Derivative Security
(Instr. 4)

Title Amount or Number of

4. Conversion or Exercise Price of Derivative Security

5. Ownership Form of Derivative Security:
Direct (D)
or Indirect6. Nature of Indirect Beneficial Ownership
(Instr. 5)

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				Shares		(I) (Instr. 5)	
Option (right to buy)	08/04/2007 ⁽¹⁾	08/04/2016	Common Stock, par value \$0.001 per share	12,000	\$ 12.05	D	Â
Option (right to buy)	04/30/2015	04/30/2015	Common Stock, par value \$0.001 per share	7,000	\$ 6.53	D	Â
Option (right to buy)	12/31/2008	06/01/2010	Common Stock, par value \$0.001 per share	1,680	\$ 1.6	D	Â
Option (right to buy)	Â ⁽²⁾	10/23/2013	Common Stock, par value \$0.001 per share	4,200	\$ 10.28	D	Â
Option (right to buy)	12/31/2007	12/31/2008	Common Stock, par value \$0.001 per share	560	\$ 0.03	D	Â
Option (right to buy)	Â ⁽²⁾	06/01/2010	Common Stock, par value \$0.001 per share	2,520	\$ 5.35	D	Â
Option (right to buy)	12/31/2012	07/23/2013	Common Stock, par value \$0.001 per share	16,800	\$ 6.53	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Ruta Christopher 5 PENN PLAZA NEW YORK, NY 10001	Â	Â	Â SVP Sales & Operations	Â

Signatures

/s/ Robert Kane, as
Attorney-in-Fact

08/09/2007

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

This option is subject to a vesting schedule during which 25% of the shares subject to the option vest on each of the first four
(1) anniversaries of the grant date. This option is also subject to vesting earlier than the date indicated in the event of a Change in Control (as defined in the Issuer's 2006 Stock Incentive Plan) of the Issuer.

(2) This option has fully vested.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.